

KAUSHALYA

SKILL DEVELOPMENT INITIATIVE

Nation is built strong when the poor are skilled.

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ABOUT

Zav came from sanskrit word-Zav which interprets itself as alter, transform or change. In Zav we always ensure that every individual receives a quality education which plays an essential role in transforming the life of the individual as well as their families. We constantly strive to seek excellence in every ambit of education.

VISION-

We are trying to reach every undeserved individual whose deprived of the basic right. We help them realizing their potential through education and building skill and empowered to live a self-determined life. And we trying to Connects individual for a better tomorrow by bridging gaps.

MISSION-

We wants to create a utopia where all individuals will treat equally, will have the right to access the resource, and opportunity in order to live and to become an active and contributing member of society.



KAUSHALYA

Skill Development Initiative

Kausalya is a project that has a specific emphasis on empowering vouth and underprivileged women through skill development. Skill training provides an opportunity to enhance their vocational skills and creativity and become self-sufficient for livelihood their and/or get employed.



NEEV

Knowledge Sharing Initiative

We believe every child has the potential to learn, if taught well. We always strive to strengthen the root of education in every child. and the development of students who not only seek formal education but also grow a sense innate righteousness.

REGURU

Teacher Training Initiative

Teachers are key to the success of any education system. Teachers are one of the most influential and powerful forces for access and quality in education. We help them with best of teaching techniques and methodologies for teaching next-gen learners.



Health & Hygiene Initiative

Health is the most expensive gem. Our aim is to provide preventative guidance and promote early detection of illnesses and work in partnership with health professionals to ensure that all individuals have access to appropriate health care.

YOUreka

Youth Leadership Initiative

YOUreka develops young individuals to be the next generation leaders; preparing them for constructive and responsible involvement in community affairs. We help teens develop important skills such as communication, collaboration, problem solving, and public engagement.

04 ABOUT KAUSHALYA





KAUSHALYA

This initiative envisions a society where women and underprivileged independently and confidently help in orienting our nation. Empowering women and underprivileged is an indispensable tool for advancing development. Empower them to contribute to the health and productivity of their whole families and communities to improved prospects for the next generation.

We provide women and youth a unique opportunity to break barriers and the elusive 'glass ceiling', by introducing various income generation skills and allows women to redistribute gender roles and become organized group to promote leadership and empowerment.

Zav's Skill Development Center offers courses in following vocational skills:

- 1. Sewing And Designing program
- 2. Embroidery program
- 3. Creative Designing program
- 4. Handmade Jewellary program
- 5. Women entrepreneurship development program
- 6. Spoken English program





JOB READY SKILLS DEVELOPMENT

Sustainability and independence are the need of the hour for women. Our initiatives emphasize on job-oriented skill development for women from economically challenged backgrounds and attempts to enable them to start their own ventures based on skills that they learn through our programmers.

CERTIFIED VOCATIONAL PROFESSIONALS

Professionally designed vocational training, which is tailored to suit the capabilities of individuals, provides the women and underprivileged an opportunity to get jobs and enables them to earn a dignified livelihood.

WOMEN ENTREPRENEURSHIP DEVELOPMENT

Our women entrepreneurship development program (WEPD) is designed to help women entrepreneurs achieve higher levels of business growth and helps make them more competitive and resilient in today's dynamic business environment.

HOLISTIC COMMUNITY DEVELOPMENT

"Kaushalya" our community development initiative empowers women and economically challenged individuals by imparting skills, both vocational and personality, furthering meaningful involvement with their own communities through communication and self sustainability. This reduces their dependency on family and community for sustenance and leads to improved quality of life.

06 COURSE- SEWING AND DESIGNING PROGRAM





CONTENT

- Essential terminology for fashion industry
- Color theory Study of different types of colours and their combinations
- Garment details
- Sewing machine & practice machine problems, sewing aids, needle and threads
- Basic Hand stitches Button fixing, button holding, hook fixing, eyelets, hemming, making small handkerchiefs, napkins, stitching sari fall etc
- Basic seams.
- Fibers & fabrics and Fabric Recognition

 Study of different kinds of fabrics

- Fabric Care- Spots and Stains
- Garment Fitting, seams allowance, fabric requirement

PATTERN MAKING & SEWING HOUSEHOLD ITEMS/ACCESSORIES

- Apron / cushion cover
- Batua with Decorative Stitches/Jewelry Box / Baby bag
- Hand towel/table cloth / decorative accessories
- Linen (Bed Sheet, Quilt Cover & Pillow Cover)/ table mats, coasters and napkins
- Multi Paneled Curtain / wall hanging
- Place mat

07 COURSE- SEWING AND DESIGNING PROGRAM





WOMEN'S WEAR

- How to take measurements and women's measurement chart
- Basic Bodice Block
- Paneled Top with Cuff Sleeves / top variations
- Wrap around skirt / Semicircular Knee length skirt / squat
- Basic Trouser Block and flat front trousers /Capri's
- Princess Shirt
- Patchwork Kurta (Day Wear) and Salwar with belt or dogri salwar
- Angarakha Kurta (Formal Wear) and Churidar with belt
- Odhni / Shawl / Shamiez
- Blouse & petticoat/blouse with lining
- Kaftan / night suit
- Nightie / nightie & gown

- Basic Trouser Block and Flat Front Trouser/Cargo
- Bengali kurta & Aligarhi Pajama/Nehru Kurta& Aligarhi Pajama / Achkan
- Kalidar Kurta & Churidar pajama
- Waist coat/Denim Jacket

CHILDREN'S WEAR

- Children's size chart
- Bib / feeder
- Toddlers Frock (Jhabla) & Bloomer
- Sun suit/Baba Suit
- Shorts and Shirt
- Simple Frock
- A-line Frock & Pantees
- Party Frock / Umbrella Frock
- Dungarees / Jump Suit

MEN'S WEAR

- Mens size chart
- Basic Shirt Block and Half Sleeve Shirt

08 COURSEEMBROIDERY PROGRAM





INTRODUCTION TO EMBROIDERY

- Basic Stitches
- Decorative Stitches
- Sample Files & Accessories
- Regional Embroidery
- Different Types of Embroidery
 - Computer Aided Embroidery
 - Hand Embroidery
 - Machine Embroidery

TYPES OF HAND EMBROIDERY

- Running Stitch
- Back Stitch
- Double Running
- Herring Bone
- Fish Bone
- Satin Stitch
- Sland Stitch
- Long & Short Stitch
- Chain Stitch
- Laizy Daizy Stitch
- Twisted Chain Stitch
- Franch Stitch
- Double Knot

- Bullion Stitch
- Wipped Stitch
- Web Stitch
- Mirror Work
- Flat Sequence
- Eyelet Work

TYPES OF MACHINE EMBROIDERY

- Running Stitch
- Half Round
- Full Round
- Cut Work
- Cording Work

SATIN STITCH

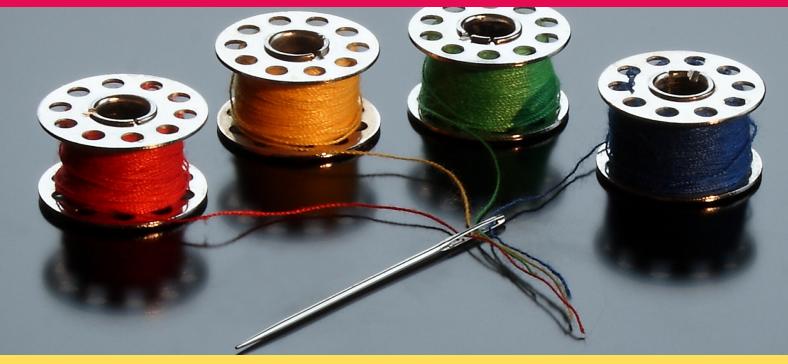
- Wool Work
- Bead Work
- Sequence Work

REGIONAL EMBROIDERY

- Zardousi
- Kantha Work
- Kasuti Work

09 COURSE- CREATIVE DESIGNING PROGRAM





CONTENT

- Introduction to Creative Design Course
- Introduction to Automatic Zig-Zag Sewing Machine
- Parts of Automatic Zig-Zag Sewing Machine
- Safety Rules
- Automatic Zig-Zag Sewing Machine Practice – Spiral, Triangle, Running Straight, Broken Straight, Diagonal Curved, Creative Composition
- Common Automatic Zig-Zag Sewing Machine Problems
- Surface Development-Padding, Quilting, Standard Applique
- Sewing Aids
- Needle and Threads
- Colour Theory
- Basic Hand Stitches

- Basic Seams Plain Seam, French Seam, Pinked Seam, Mock French Seam, Flat Fell Seam, Mock Flat Seam, Hong Kong Seam, Double Top Stitched Seam
- Trims
- Fabric Care
- Spot and Stain Removal
- Garment details Tucks, Gathers, Smocking, Pleats, Darts, Plackets
- Pockets Patch Pocket, Pouch Pocket
- Surface Development-Padding, Quilting, Standard Applique
- Finishing

KITCHEN ACCESSORIES

- Table Mats
- Table Napkins, Napkin with Pocket Patch, Napkin with Lace
- Coasters

10 COURSE- CREATIVE DESIGNING PROGRAM





- Long Apron with Pockets, Simple Waist Apron
- Basket Cover
- Table Runner
- Teapot Cover
- Table Cover

HOME FURNISHINGS

- Cushion Cover
- Bed Sheet
- Wall Hanging

FASHION ACCESSORIES

- Mobile Cover
- Bags Potli Bag, Sling Bag, Clutch Bag, Wallet
- Bracelet & Ring
- Key Chain Charm
- Door Hanging Charm
- Hair Band
- Slip-on
- Belt

RENOVATION

- Old Jeans into Denim Bag
- Old Skirt into Laptop Bag
- Denim into Bottle Cover
- Renovation of Old/Plain Skirt
- Dupatta Renovation
- Renovation of Old T-Shirts

APPARELS

- Uppers
 - Innovation and Alteration of Old or New Kurtha
 - Simple Kurtha with Sleeves
- Lowers
 - Churidar
 - Salwar
 - Wrap around Skirt
 - Ghaghra Skirt

11 COURSE- HANDMADE JEWELLERY MAKING PROGRAM







CONTENT

- Introduction to Handmade Jewellery Making
- Introduction to Tools like Wire cutters, Round-nose pliers, Flat-nose pliers, Crimping tool (crimp pliers), Big-eye beading needle, Assorted headpins and eyepins, Ruler or tape measure, Strong adhesive.
- Introduction to materials— Beads (Ceramic, Crystal, Glass, Metal, Pearls, Plastic and Acrylic, Wood), Faux Silk Thread, Fancy thread, Satin Ribbon, Zari Thread
 - Making Beaded Earrings
 - Making Beaded Bracelets
 - Making Beaded Necklace
 - Making Silk Thread Earrings
 - Making Silk Thread Bracelets
 - Making Silk Thread Necklace

- Quilt Art
- Making Terracotta Jewellery Advanced Program

12 COURSE- WOMEN ENTREPRENEURSHIP DEVELOPMENT PROGRAM





INTRODUCTION

- Introduction to Women Empowerment Development Programme
- Introduction to Bangalore Women Entrepreneurs

SELF DEVELOPMENT

- Exploring self-Individual SWOT Analysis, Personality Profiling -Understanding & Profiling
- Exploring self 2 Goal Setting (SMART Goals) & Reflection Journals (Understanding & Practice)
- Team building and bonding-Understanding Team Development, Teamwork & Sustainability
- Science of appreciation- Appreciative Enquiry, Micro lab, Achievement Motivation Training

FUNCTIONAL DEVELOPMENT

• Communication Skills IUnderstanding Meaning & Purpose of
Communication, Questions (What, Who,
When, Where, Why & How) + Answers
(Nouns, Pronouns, Verbs, Adverbs,
Prepositions & Conjunctions) + 3/4/5
word questions & answers + Verbal &
Non Verbal Communication

- Communication Skills IIUnderstanding Meaning & Purpose of
 Communication, Questions (What, Who,
 When, Where, Why & How) + Answers
 (Nouns, Pronouns, Verbs, Adverbs,
 Prepositions & Conjunctions) + 3/4/5
 word questions & answers + Verbal &
 Non Verbal Communication
- Presentation Skills- Mind Mapping Technique (Simple & Basic) + Self Introduction + Choosing Topic + Content Creation + Verbal & Non Verbal Communication + Closure

LITERACY continue....





NUMERACY

- Simple Mathematics- Numbers + Basic Operations (Addition, Subtraction, Multiplication, Division) + Using Calculator on Phone & Computer/ Laptop
- Advanced Mathematics-Numbers + Advanced Operations (Addition, Subtraction, Multiplication, Division)
- Basic Accountancy I- Incoming & Outgoing, Banking Particulars (Cheque, Debit Card, DD, FD, RD, Challans) Importance & Process
- Financial Statements- Cases Accounts Statement, Budget Document, Income & Expense Sheet

ENTREPRENEURSHIP DEVELOPMENT

- Customer Orientation- Understanding Customer Needs, Communicating Effectively, Customizing Needs, Product Stories or Cases, Process Training
- Marketing Management- Market Feasability Study, Marketing Material (Flyer, Poster, Ads), Marketing Methods, Offers/ Sale/ Discount, Pricing Concepts

- Resource Management- Sourcing, Procurement, Payment, Resource Optimization
- Sales I- C's of Selling, Upselling, Cross Selling, Selling Pitch, Competitor Analysis
- Sales II- Field Visit Mall, Grocery Store, Vegetable Vendor, Car Showroom
- Social Media- Understanding Facebook, YouTube, Instagram + Creating Accounts & Usage
- Mobile Phone Utility- Understanding Android Operations & Using Mails, Whatsapp & Social Media

SELF DEVELOPMENT

• Leadership Essentials- Leadership Camp @ Center for Youth Leadership, Krishnagiri

EVALUATION

- Exhibition- Presentation Business Ideas & Employment Opportunities
- Evaluation- Written Test, Viva Voce, Presentation & Feedback

$14^{\,\scriptscriptstyle ext{course-}\, ext{spoken}}$





FOUNDATION

- About English language
- Introduction of English Alphabet
- Word building and build daily use vocabulary
- Word and pronunciation practice
- Formation of sentence structure
- Important and relevance of tense and usage
- Development of basic communication skill
- Develop reading skill
- audio session for effective listening
- communication in English in day to day situation

INTERMEDIATE

- Improve accuracy in grammar
- Understand the rule
- Expand vocabulary
- General skilled building tips and practice
- Sentence formation practise

- Writing practice
- Improving English speaking
- Interaction among students

ADVANCE

- Exercise on the use of different grammatical constructions in context
- Speaking practice with grammar inputs
- Eliminate Common errors
- Expand vocabulary range
- Soft skills (etiquette & grooming, confidence building, motivation and time awareness)
- Skit and English game.
- Individual and team activity, role play and speech drill.

15 COURSE- BEAUTICIAN PROGRAM





MAKEUP

Day Make-up — Evening Make-up — Bridal
Make-up — Bridal Consultation —
Camouflage Make-up Fantasy Make-up —
Fashion Eye Make-up — Cosmetic
Camouflage, Fixing of False Eyelashes —
Face Shaping and Contouring — Waterproof
Make-up — Matt Make-up for Models —
Arabian Make-up — Bronze Make-up — Dry
Skin Make-up — Glossy Make-up.

SKIN

Skin care for all types of skin – Skin Disorders and disease – Bleaching – Facial (Face Massage) – Acne and Pimple treatment – Preparation of 20 types of Face Packs – Ozone Therapy – Herbal Facial – Herbal recipe – Use of Scrub & Clean-up.

NAILS

Care of nails, Nails disorder & disease, Manicure pedicure, Hands & Arms Beautifying, Detain spa manicure pedicure, Spa rose manicure pedicure,

WAXING, THREADING, AND TWEEZING

Removal of superfluous hair from hands, legs, face, underarms, and shaping of eyebrows, tweezing threading, preparation of wax.

HAIR

- Hair Straightening And Perming-Temporary and Permanent Hair Straightening, Perming includes Regular Perm, Fashion Perm, Spiral Perm, Root Perm, Double Decker Perm, Braid Perm, Ortega Perm, Ladder Perm, Panel Perm, Chopstick Perm, Flatstick Perm, Perming with Crimpads, Advanced Perming Techniques, Body Curlers, Pencil Perm, Conical Perm, Star Perm, Strap Perm, Peanut Perm, Cylinder Perm, Zig-Zag Perm, Stencil Perm.
- Hair care-Treatment for Dandruff, Hairfall Treatment, Oily and Dry Scalp Treatment, Treatment for prevention of Split hair, Hair Singing, Henna (Mehendi) Treatment.
- Shampooing And Rinsing -Shampooing of Hair, Switches, Wigs, Moppets and Squeegie. Nine types of Hair Rinses for different types of Hair. Preparation of Hair Packs

HYGIENE

Personal and Salon Hygiene, Sanitation and Sterilization, Personal Ethics, Client Care, Client Consultation, How to manage Beauty Salon efficiently.

16 COURSE- BLOCK PRINTING PROGRAM





INTRODUCTION

- Introduction and insight about Block Printing
- Understanding the trends in Block printing.
- How to Execution for Printing on cloth with pigment colors.
- Tools & equipment for block printing-
 - 1.Stamping pads for block printing
 - 2. Water basins
 - 3. Wooden framers for brush painting (silk)
 - 4. Wooden frames (for batik)
 - 5. Saucepans for dyes
- Fabric- Identify different types of cotton fabric and fibers and prepare a swatch file Design development

BLOCK PRINTING

- Identify tools for Block printing, and use of these tools with safety
- Selecting Blocks for the Block print.
- Selecting fabric and raw materials

- Treatment of fabric for printing.
- Prepare the dye stuff of block print
- Precautions before and after printing.
- Method of block carving
 - 1) Vegetable stamping
 - 2) Linoleum blocks
 - 3) Wooden blocks

17 COURSE- BASIC COMPUTER AND INTERNET PROGRAM





INTRODUCTION

- What is computer?
- Definition, History
- Generation of Computers
- Type & classification
- Computer characteristics
- Define various parts of computer such as CPU, Main board, types of memories, and types of Power Supplies, on line off line concept, necessity of UPS etc.

USING WINDOWS EXPLORER

- Exploring my computer
- Working with menu bar
- Creating a new folder sub folder and new file
- Select your folder or file,
- Copy folder to folder, files into a folder within computer and on to Floppy by using drag and drop method and others.
- Delete a file or folders, Rename files or folders
- Create icons on Desktop etc.

MICROSOFT WORD

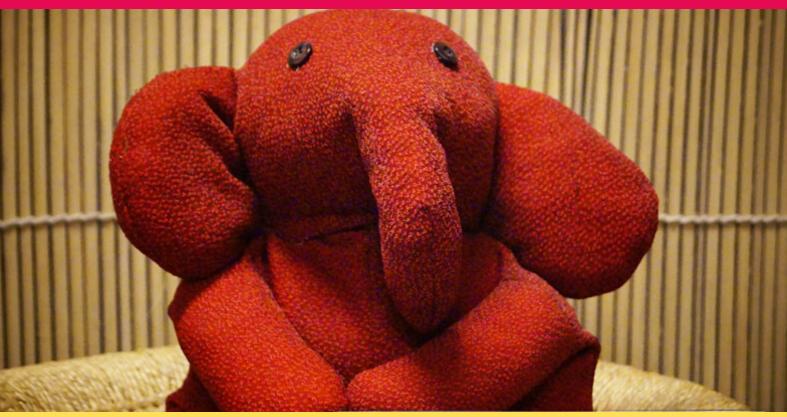
- Working with different Tool Bars such as Menu bar, Standard bar, Formatting bar & Drawing bar.
- Create a new document
- Using "Save" And "Save As" Command i.e. savea document within
- Editing a document, cut, copy paste
- Insert page no. Date, time, pictures, Bullets, special symbols, etc.
- Change case, spell checkers, changing Fonts & its Colors
- Working with columns, tables.
- Print preview of your document & Taking out prints of your document.

INTERNET

- Basics of internet
- Introduction to WWW
- Using internet Explorer
- Various internet connections
- Connecting an internet connection
- E-mail basics
- Internet Browsing /Surfing etc

18 COURSE- SOFT TOYS PROGRAM





INTRODUCTION

- Raw material and other sourses.
- Use of left over pieces of cotton, silk veinet, fur. Fetl, reyon etc.
- Stuffing cotton wool, hay paper, scraping, wood wool, grass clipping, sind etc.

TOOLS & EQUIPMENT

- Strong stuffing stick
- Pairs of combination piler.
- Upholstery needles (curved & straight)
- Wire brush
- Adhesing tape
- Coarse somb, their use, availability and cost.

METHODS

- Preparation of paper pattern of varioustoys, layout and cutting and pattern.
- Joint Toys

- Stitching by machine and stitching byhand needle.
- Stuffing.
- Methods of fixing eyes, nose, ears and mouth to toys

PRACTICAL

- Making Rabbit.
- Making Mouse
- Making Doll
- Making Dog
- Making Duck

19 COURSE-COOKING PROGRAM





BASIC

- Use of cutting boards
- Knife essentials
- How to chop, slice, dice & shred Trimming, peeling,, coring, pitting
- Basic cuts of vegetables
- Portioning cuts
- Grating food
- Washing, rinsing & blanching
- Mixing food
 - 1) Stirring
 - 2) Whisking
 - 3) Whipping

KITCHEN TOOLS & EQUIPMENTS

- Tools /utensils
- Types of knives
- Heavy equipments
- Cleaning & maintenance of tools & equipments
- Safety rules handling tools & equipments
- Preventive maintenance

COOKING

• Baking & pastries- Baking yeast bread, Preparing cakes, Baking pizza.

- Hot & Cold beverages- Tea, Coffee, Milkshakes, Ice tea, Cold coffee.
- Salads- Fresh Vegetable Salad, Fruit Salad, Macaroni Salad, Bean Salad.
- Snacks- Nuggets, French fries, Potato cutlets, Sandwich, Samosas, Gol gappay, Vegetable rolls.
- Raita- Onion Raita, Potato raita, Mix Vegetable Raita.
- Pastries- Plain cake, Sponge Cake, Fruit cake.
- Indian Dishes- Roti, chapatti, naan, Moong Masoor Mix Dal, Biryani, Pulao, Palak Paneer, Aloo Muter, Shahi koftay, Daal makhani

KITCHEN CLEANING & SANITIZING

- Clean & sanitary
- Cleaning agents
- Manual cleaning & sanitizing
- Cleaning surfaces & stationary equipment
- Procedure for cleaning counters, sinks and non cooking equipment





KITCHEN TOOLS & EQUIPMENTS

- Measuring Cups and Spoons
- Stirring, mixing, scrapping or spreading, spatulas
- Whisker
- Baking Trays
- Baking Pans/Tins
- Cooling Racks
- Mixing Bowls
- Serrated Knife
- Weighing Scale

BAKING

- Commercial Production- Butter Biscuit, Coconut Cookies, Peanut Cookies, Fresh Coconut Biscuit, Salt and Sweet Biscuit, Plain bread, Milk bread, Masala bun, Puffs, Bread rolls, Masala doughnut, Pizza, Maxican roll, Sponge cake, Coconut Cake, Fruit Cake, Chocolate Brownies, Pineapple Cake, Apple Cake, Black Forest Cake
- Healthy Bakery products- Whole wheat bread, Oats based products, Fibre/Protein rich products, Iron/Vitamin rich products.
- Eggless bakery products- Eggless sponge cake, Eggless Brownie, Eggless chocolate, Eggless fresh fruit cake,

- Processing of fruit and vegetables-Tomato ketchup, Tomato sauce, Pineapple bits, Watermelon rind halwa, Lemon squash, Grape juice etc.
- Milk and Milk products- Khoa, Paneer, Chana, Gulab jamun, Ice cream, Lassi, Flavored milk, Cutlet, Rasmalai, Kalakand.
- Biscuits/ cookies- Peanut cookies,. Dry fruit cookies, coconut cookies, oats cookies, Fibre/Protein cookies, Masala cookies, Iron/Vitamin rich cookies etc
- Cakes- Shoe Pastry, Rich chocolate, Butter scotch, Carrot Cake, Death by chocolate, Coffee walnut, Rich plum cake, Pineapple pastry and other Speciality Cakes.

KITCHEN CLEANING & SANITIZING

- Clean & sanitary
- Cleaning agents
- Manual cleaning & sanitizing
- Cleaning surfaces & stationary equipment
- Procedure for cleaning counters, sinks and non cooking equipment

21 COURSE- CHOCOLATE MAKING PROGRAM





FOUNDATION

- Method of making plain chocolate, dark chocolate, milk chocolate, white chocolate & flavored chocolateSmoking almond chocolate
- Honey sesame almond chocolate
- WalCof russet
- Rum & raisin villa
- Vanilla Latte cashew chocolate
- Crackle & Butterscotch chocolate
- Fruit & nut bar
- Flavored bar-Orange/English toffee & Tiramisu
- Lemony butterscotch
- Corny berry
- Lolli Polly chocolate
- Sesame delight
- Festivities for making your rakshabandhan,diwali, valentine's day, christmas, birthdays even more special
- Marbling chocolate

TRUFFLE MAKING

- Classic Dark Truffle
- Chocolate Truffle
- Sesame Truffle
- Honey Thyme Truffle
- Peanut Butter Truffle
- Coffee Toffee Truffle
- Cinnamon Praline Truffle
- Rose Trufflele

CARAMEL MAKING

- How to make Plain Caramel
- Soft Caramel for Chocolate Bark
- Hard Caramel for center filling
- Coffee & Walnut caramel
- Sea salt Caramel
- Coconut Caramel
- Ginger Caramel
- Caramel With Nuts
- Mocha Caramel
- Troubleshooting Caramel
- How to use caramel in chocolates and in dipping techniques

FUDGE MAKING

- How to make the Plain and Flavored Chocolate Fudge
- Preparation of Vanilla Fudge
- Rocky Road Fudge
- Monkey Nutty Fudge
- Romanov Fudge
- Marble Fudge
- Coconut Fudge
- Rum & Raisin Fudge





THEORETICAL CONTENT

- Introduction to glycerin soap making
- Raw materials of glycerin soap making
- Techniques for glycerin soap making
- Marketing strategy for glycerin soap making
- Live Demo of glycerin soap making
- Glycerin Soap packing
- Glycerin Soap presentation
- Glycerin Soap marketing
- Redolence & varieties of redolence soaps "Aloe vera and Honey, Honey and turmeric soap, Indian beauty soap, Saffron soap, Frosty soap, Double toned frosty soap, Activated Charcoal soap, Permeable soap, Dusky & Glassy, Bed of roses soap, Baby shower soap

COLD PROCESS SOAP MAKING

- Introduction about cold process soap making
- Difference between glycerin soaps, and cold process soap making
- The material used for cold process soaps
- Introduction about color, perfume, and essential oils
- Introduction of Making plain cold process soap bars
- Cocoa Butter Soap Moisturizing Soap Almond Soap Cinnamon Soap Shea Butter Soap Activated Charcoal Soap Packaging of soaps

TRANSPARENT & OPAQUE SOAP

- Introduction about raw material
- Role of every ingredient used in making soap
- Making of transparent soap base
- Making of opaque base
- Neem soap base
- Activated Charcoal Base
- Papaya soap base
- Honey soap base
- Aloe vera soap Base
- Saffron Soap Base

WHIPPED SOAP

- Introduction about the raw material
- Temperature of various oil
- Equipment and tools
- Melting method of hard and soft oil
- Selection of base and water
- Information about color perfume and aroma oil
- Packing of whipped soap
- Lavender Wonder Whipped soap
- Coffee Whipped soap
- Calendula whipped soap
- Apricot whipped soap
- Mermaid whipped soap





THEORETICAL CONTENT

- Introduction about different kind of wax
- Introduction about color, wick, releasing spray, perfume
- Molds -Polycarbonate, Aluminum, casting mold, Silicon mold, Hurricane mold, Plastic mold.
- Different temperature and how the impact of the temperature affects your Candle texture.
- Techniques of melting various kinds of wax
- How to decide and choose the right kind of pouring equipment.
- Ways to make your work easy and efficient for making candles
- How to give better finishing to the candle
- Burning instructions for the CandleSafety measures when making candles
- How to achieve low-cost production
- Necessary equipment to start the business.
- Budgeting and marketing
- Packing of candles

HANDCRAFTED CANDLE

- Log Candles: Horizontal log candles l Bamboo Log candle l Vertical log candle l Designer log candle l Woody candle
- Carving Candle: Introduction to Carving wax l Introduction to Carving tools l Double colored Carving candle l Triple color Carving candle l twisting & turning of wax
- Bed of Roses: Making of Roses and setting of the Bed of RosesSea -Inspired
- Designer Candles:- Designer Seashell Candles l Wrap on the Seashell l Window Seashell Candle l Horizontal Sea Shell l Sea froth Candle













OUR TEAM



Aman Jain
Founder/ president



Saranya Francis
Secretary



Rakshith Acharya *Treasurer*

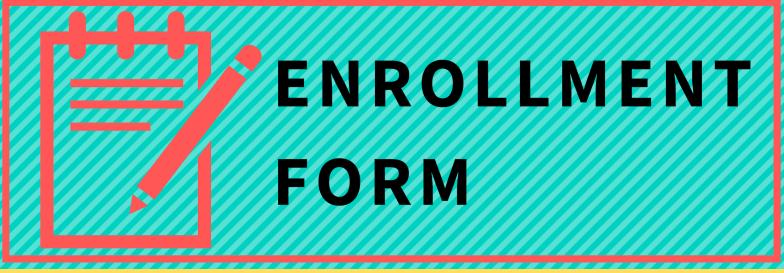


Saurabh Mandal Sponsor



Madhur Phadnis Mandal Sponsor





| PERSONAL DETAILS | | |
|-------------------------------|--|----------------|
| • Participant Full Name | : | |
| • Mother Name | <u>:</u> | |
| • Father Name | <u>:</u> | Paste Passport |
| • DOB (DDMMYYYY) | : | size photo |
| • Residential Address | <u>:</u> | |
| • Mobile No. | <u> </u> | |
| • Email Address | : | |
| • Address Proof/ Identity Pro | of : | |
| Addhar Card Ration Card | d Driving Licence Passport Bank PassBook | |
| ACADEMIC DETAILS | | |
| • College/School Name | : <u></u> | |
| • College/School Address | <u>:</u> | |
| • Grade/Semester/ Year | <u> </u> | |
| PROGRAM DETAILS | | |
| • Initiative | : | |
| • Program | <u> </u> | |
| • Date, Day & Timing | : | |
| Faculty/Facilitator/Volunte | por : | |



Testimonials

It's like a dream come true to me that I'm getting a chance to learn the art of stitching cloths. This is giving me the happiness that I've always wanted. And I want to make this kind of art my way of living.

Praveen Banu (Student)

I was a shy & a nervous person & rarely stepped out of my house, seeing new people only made me nervous. After I started working at Zav. I am now confident about myself and working at Zav has changed my way of living.



Zav offers courses that would always be useful to people & learning it will never be a waste of anything. I have the ability to design cloth for myself and for my kids, this is an advantage to me & it make me happy.

> Manasa (Student)

From a long time, I was depressed and did not know what to do about it. Learning at ZAV made me mentally stable and gave me a peace of mind.



27 ADDRESS AND CONTACTS





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