



**CENTRE FOR SKILL  
DEVELOPMENT &  
ENTREPRENEURSHIP**

(a Zav Foundation initiative)



# About Zav Foundation

- Zav, derived from a Sanskrit word “Java” which means the transition from "Dawn to Dusk" or “Dusk to Dawn”.
- Zav is a nation-building initiative that brings together students in need of education and people who can contribute a little time towards teaching them.
- As an NGO, we thrive to bridge the gap between education and individuality

# Our Vision

## Live-Grow-Change-Create

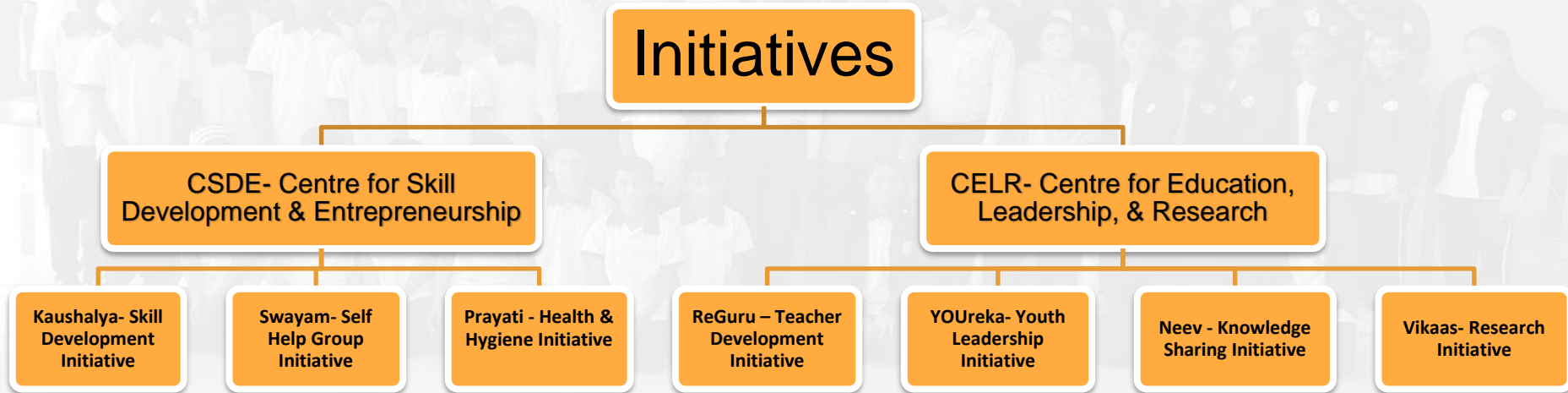
- Zav dreams of a New Society where people live in harmony, where there is total freedom for the complete growth of the individual, where each person accepts the other as they are with the right attitude.
- We visualize a place where people value peace, love, truth, justice and equality through self change and thus social change. A place where coming together and working together we are able to create a new future.

# Our Mission

A young and resilient India poised for higher missions and undeterred excellence.

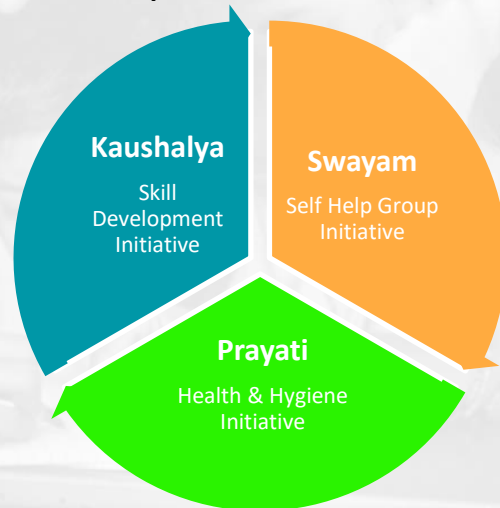
Our mission is to create an India full of young people who are liberated from weaknesses that are personal and inter-personal; young people who are geared up to take on the future with skills that are honed in a way that there is personal change and thus social change.

# Initiatives



# CSDE- Centre for Skill Development & Entrepreneurship

Zav Foundation's initiative "Centre for Skill Development and Education" involves the development of vocational skill-sets for women and unemployed individuals. Skill development is a key to improve employability and income-earning opportunities for women and youth to enhanced sustainable development and livelihoods.







## Kaushalya- Skill Development Initiative

This initiative envisions a society where women and underprivileged independently and confidently help in orienting our nation. Empowering women and underprivileged is an indispensable tool for advancing development.

Empower them to contribute to the health and productivity of their whole families and communities to improved prospects for the next generation.

We provide women and youth a unique opportunity to break barriers and the elusive 'glass ceiling', by introducing various income generation skills and allow women to redistribute gender roles and become organized group to promote leadership and empowerment.



## Offers courses:

1. Sewing & Designing Course
2. Creative Designing Course
3. Embroidery Course
4. Handmade Jewellery Making Course
5. Spoken English Course
6. Beautician Course (Basic and Advance)
7. Spoken Kannada Course
8. Baking Course
9. Basics of Computer and Internet Course
10. Block Printing Course
11. Candle Making Course
12. Chocolate Making Course
13. Soap Making Course
14. Screen Printing Course
15. Women Entrepreneurship Development Program

## Swayam- Self Help Group Initiatives

Swayam refers to Sanskrit word which meaning is Self-Reliance. The beautiful jewellery, cloth bags, potlis and designs crafted by the women at the centre are marketed under the brand name Swayam by Zav, providing the necessary operating income for running the centre and the women who are a part of Swayam







## Prayati - Health & Hygiene Initiative

Zav understands the obstacles to happiness that perpetual illness can create. Hence, we firmly believe that “prevention is better than cure”. Under the banners of Prayati, we ensure the well-being of our community through three domains.

- 1. Awareness-** We educate people about robust health tips such as maintaining a rich and balanced diet, Yoga, meditation, good mental health and physical fitness.
- 2. Camps-** Our health camps under the Health and Hygiene initiative focus on the vulnerable population- students, women and senior citizens. We collaborate with numerous stakeholders to conduct camps for eye check-ups , dental check-ups and general health check-ups which are free of cost for the underprivileged.
- 3. Drives-** We conduct various blood drives and organ pledging drives to fulfil the dire needs at the right time.

# Team Members



**Aman Jain**  
**Founder & President**

**Head- Learning & Development, & Retail HR**  
Kontoor Brand India- Lee & Wrangle

**PhD\* (Behavioural Sciences)**  
IIM Kashipur  
\* pursuing presently



**Saranya Francis**  
**Secretary**

**Assistant Professor (English)**  
St. Pauls College, Bangalore  
**M.A (English Language And Literature)**  
Annamalai University



**Prashanth Srinivas**  
**Treasurer**

**Head- Talent Transformation & Creative Outreach**  
Dr. Rajkumar Academy for Civil Services

**B.E (Electronic & Communication)**  
Sri Bhagawan Mahaveer Jain College of Engineering, Bangalore

# Join Us

## Join the change catalyst journey

- Be a part of nation building process as a learner, teacher, enabler, change maker. With Vision 2020 and United Nations Sustainability Development Goals as a part of our purpose and ethos, we are aligned to alter change and transform ourselves and society around us.
- Zav is based on one simple principle – If you have the desire to teach/ volunteer, we will put you in touch with students/ people who are willing to learn/ support.

# Support Us

## Even the smallest of donations can help change a life

- Please support us by contributing towards various initiatives.
- Donate to Alter| Change| Transform the future of India.
- Donation details are available on <https://zavfoundation.org/donation>

# Contact Details

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**THANK YOU**