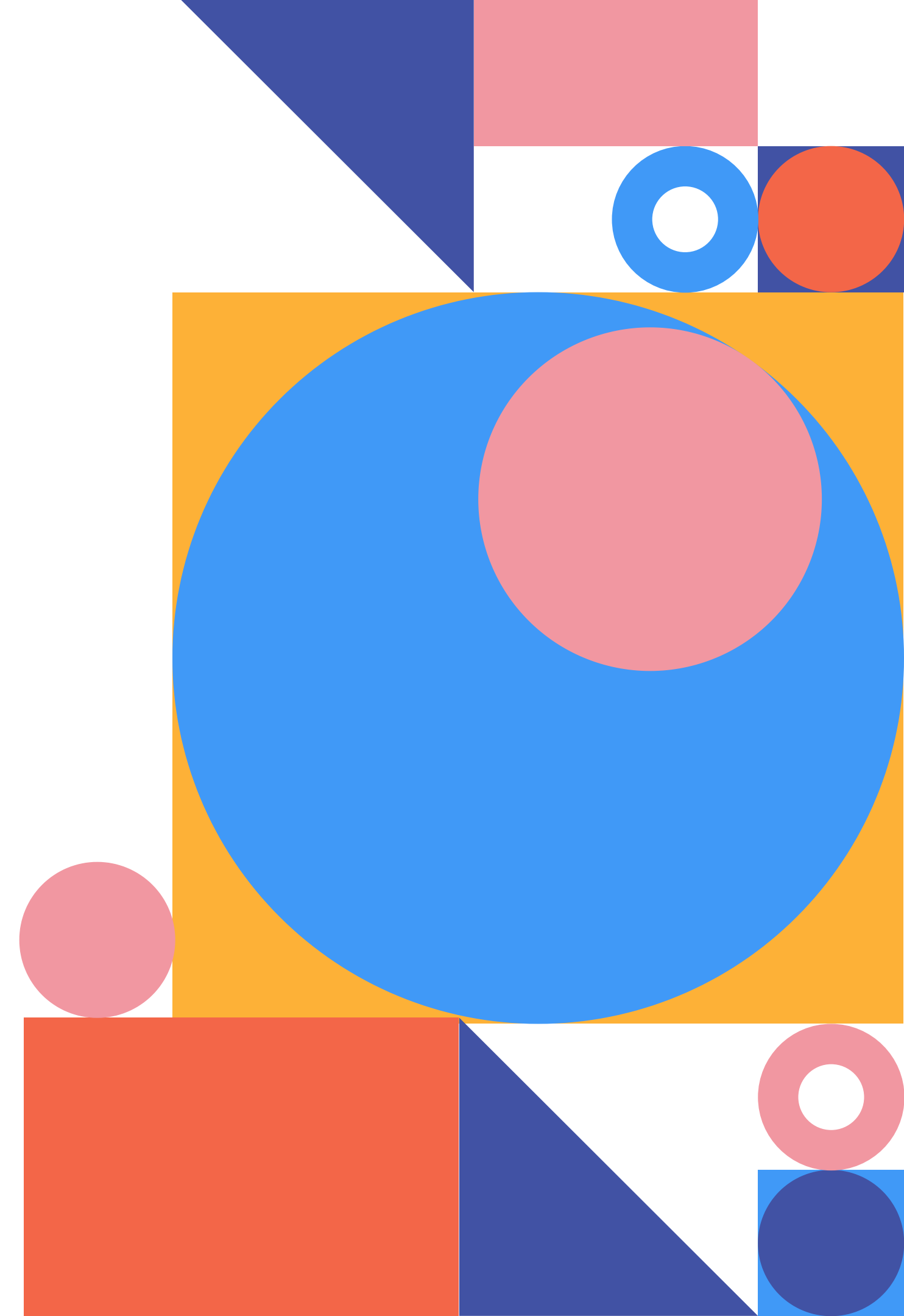




Internships At Zav Foundation

2020-2021



About Zav Foundation

WHERE THIS NAME COME FROM?

Zav, derived from a Sanskrit word “Java”

MEANING?

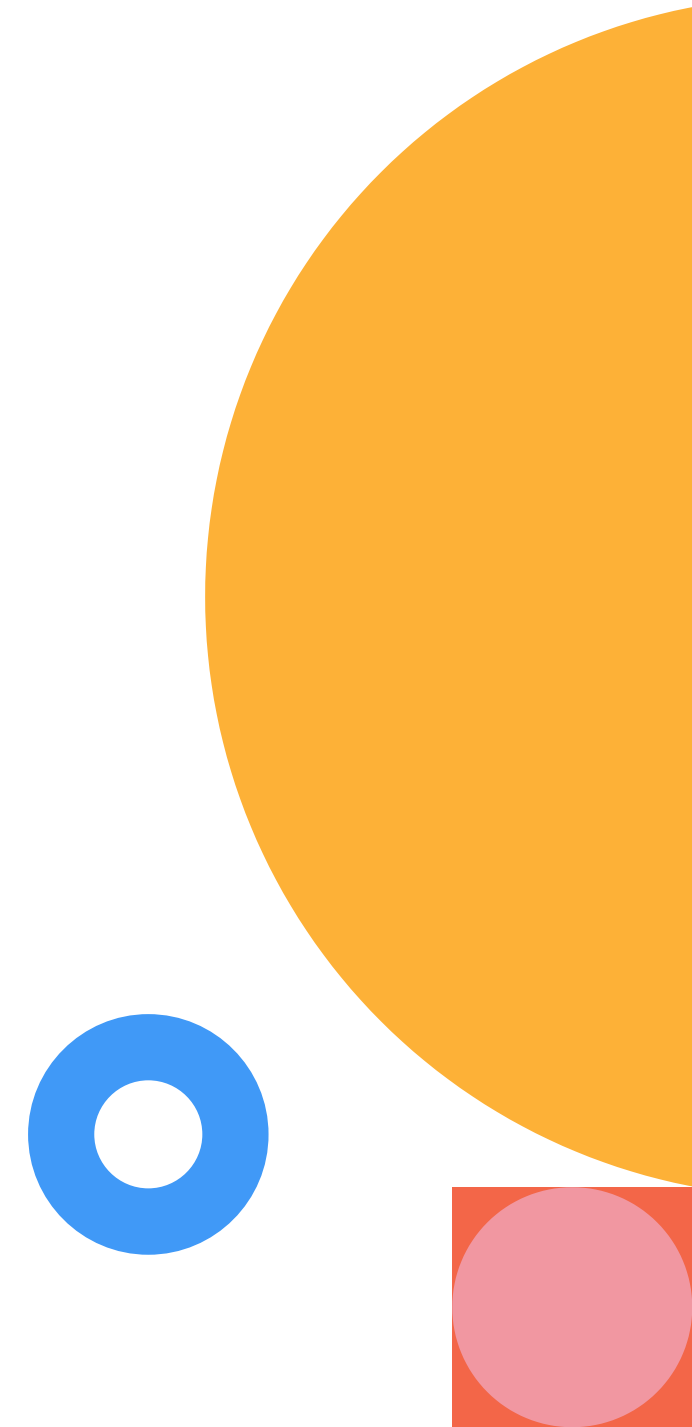
means the transition from "Dawn to Dusk" or “Dusk to Dawn”.

YEAR OF ESTABLISHMENT?

2009

FOCUS AREA

Skill Development, Women Empowerment, Indian Youth, School Teachers, and College Faculty Member, Health and Hygiene



Our Team



AMAN JAIN

Founder/ President

Head- Learning & Development, &
Retail HR

Kontoor Brand India- Lee & Wrangle

PhD* (Behavioral Sciences)

IIM Kashipur

* pursuing presently



SARANYA FRANCIS

Secretary

Assistant Professor (English)
St. Pauls College, Bangalore

M.A (English Language And
Literature)

Annamalai University



PRASHANTH SRINIVAS

Treasurer

Head-Talent Transformation & Creative
Outreach

Dr. Rajkumar Academy for Civil Services

B.E (Electronic & Communication)

Sri Bhagawan Mahaveer Jain College of
Engineering, Bangalore

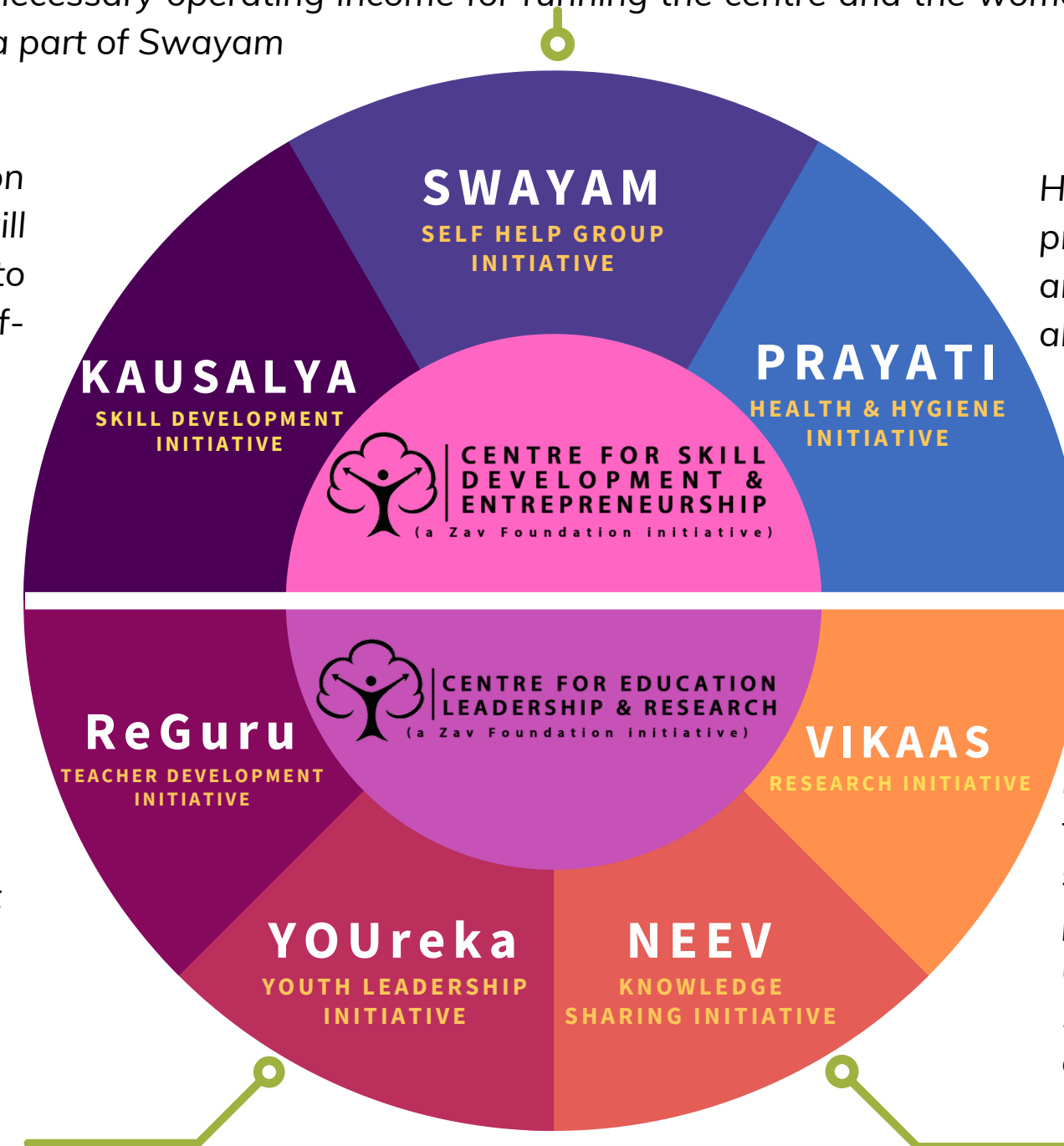
Our Initiatives



Swayam refers to Sanskrit word which meaning is Self-Reliance. The beautiful jewellery, cloth bags, potlis and designs crafted by the women at the centre are marketed under the brand name Swayam by Zav, providing the necessary operating income for running the centre and the women who are a part of Swayam

Kausalya is a project that has a specific emphasis on empowering youth and underprivileged women through skill development. Skill training provides an opportunity to enhance their vocational skills and creativity and become self-sufficient for their livelihood and/or get employed.

Health is the most expensive gem. Our aim is to provide preventative guidance and promote early detection of illnesses and work in partnership with health professionals to ensure that all individuals have access to appropriate health care.



It is a platform by Zav Foundation Formerly known as CDSR (Centre for Development studies and Research). It provides various facilities such as enabling research scholars, master's students and professors across the country to publish their work on Zav's website under a journal named Vikaas. Vikaas is designed keeping Vision 2020 and (United Nations Sustainability Development Goals in the context

We believe every child has the potential to learn, if taught well. We always strive to strengthen the root of education in every child, and the development of students who not only seek formal education but also grow a sense of innate righteousness.

YOUreka develops young individuals to be the next generation leaders; preparing them for constructive and responsible involvement in community affairs. We help teens develop important skills such as communication, collaboration, problem solving, and public engagement.

Teachers are key to the success of any education system. Teachers are one of the most influential and powerful forces for access and quality in education. We help them with best of teaching techniques and methodologies for teaching next-gen learners.

Recent Special Projects

- Tatapro Engage Project - July 2019 to March 2020
- ReGuru @ CHORD, Hyderabad - 8 Feb 2020
- Hands On Training Programme for Women on Value Added Products @ University of Agricultural Sciences, GKVK Campus, Bengaluru - 2 December 2019 to 7 December 2019
- Careerz Workshop @ Maruti English High School, Madikeri - 23 Dec 2019
- Baking Classes @ Canara Bank, Women Empowerment Section - 2, 3 & 4 Dec 2019
- Mehendi Classes @ Canara Bank, Women Empowerment Section - 21 & 22 Nov 2019
- Head Held High Mentoring Program - April 2019 to September 2019
- Jnana Vahini-Government Schools (Hosakerehalli, Kadirenahalli, Kathriguppe & Ittemadu) on 23 Feb 2019
- ReGuru Session @ CHORD, Hyderabad - 9 February 2019
- YOUreka Program @ Iskcon, Hyderabad - 8 February 2019

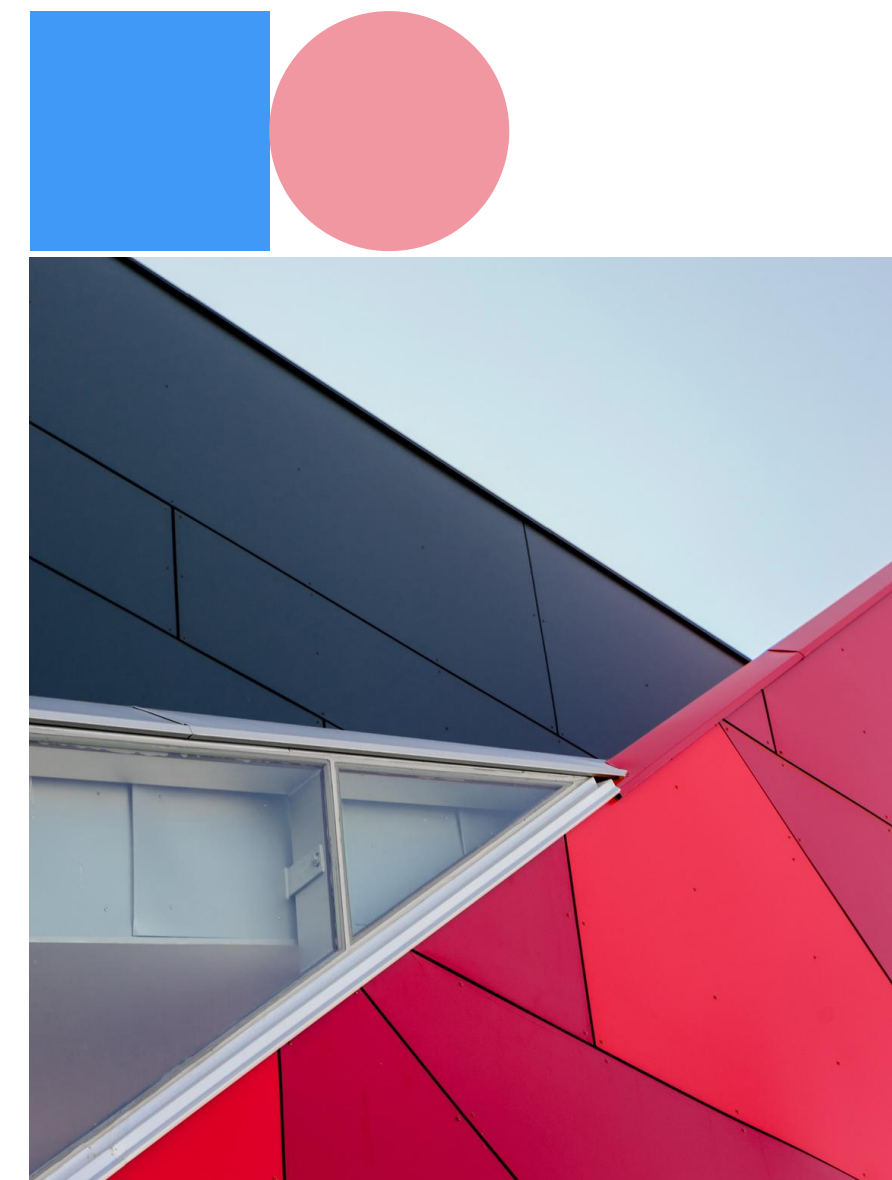
Internship Program

Internship / Volunteer program depends on both the interest and skill areas of the interns as well as requirements of the organization. The program gives you a chance to explore and contribute towards the important aspects of running the organization. Volunteering/ interning is a great way to meet new people who think and feel like you.



Pre-Internship Process

- Step 1- Apply through internshala.com
- Step 2- Pre- Assignment
- Step 3- Evaluation
- Step 4- Selection

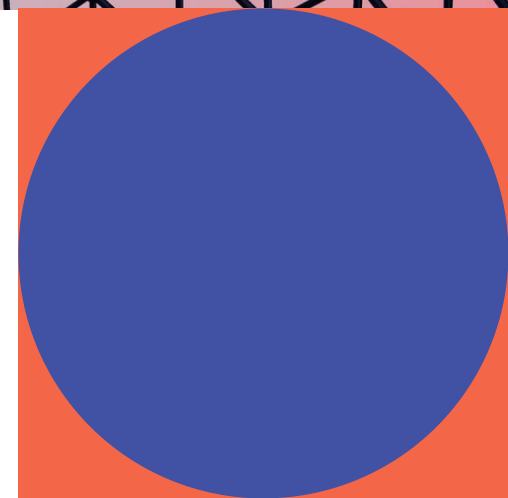
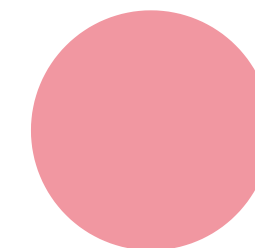


Internship Process

- Step 1- Choose Assignment (Friday same week and discuss with mentor)
- Step 2- Assignment Submission (Thursday next week)
- Step 3- Assignment Feedback (Saturday next week)
- Step 4- Assignment concludes And Points Granted

Internship Categories

- Instructional Designing
- Creative Writing
- Graphics Designing/Videography
- Training & Development
- Event Management
- Research & Development
- Community outreach
- Digital outreach

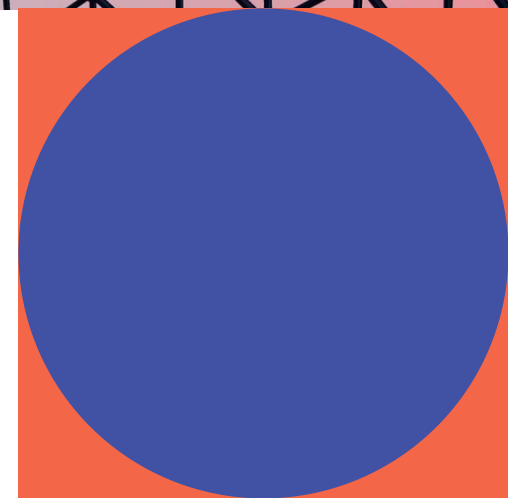
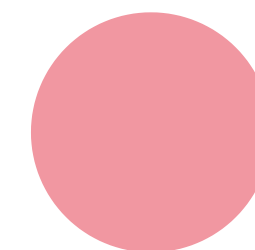
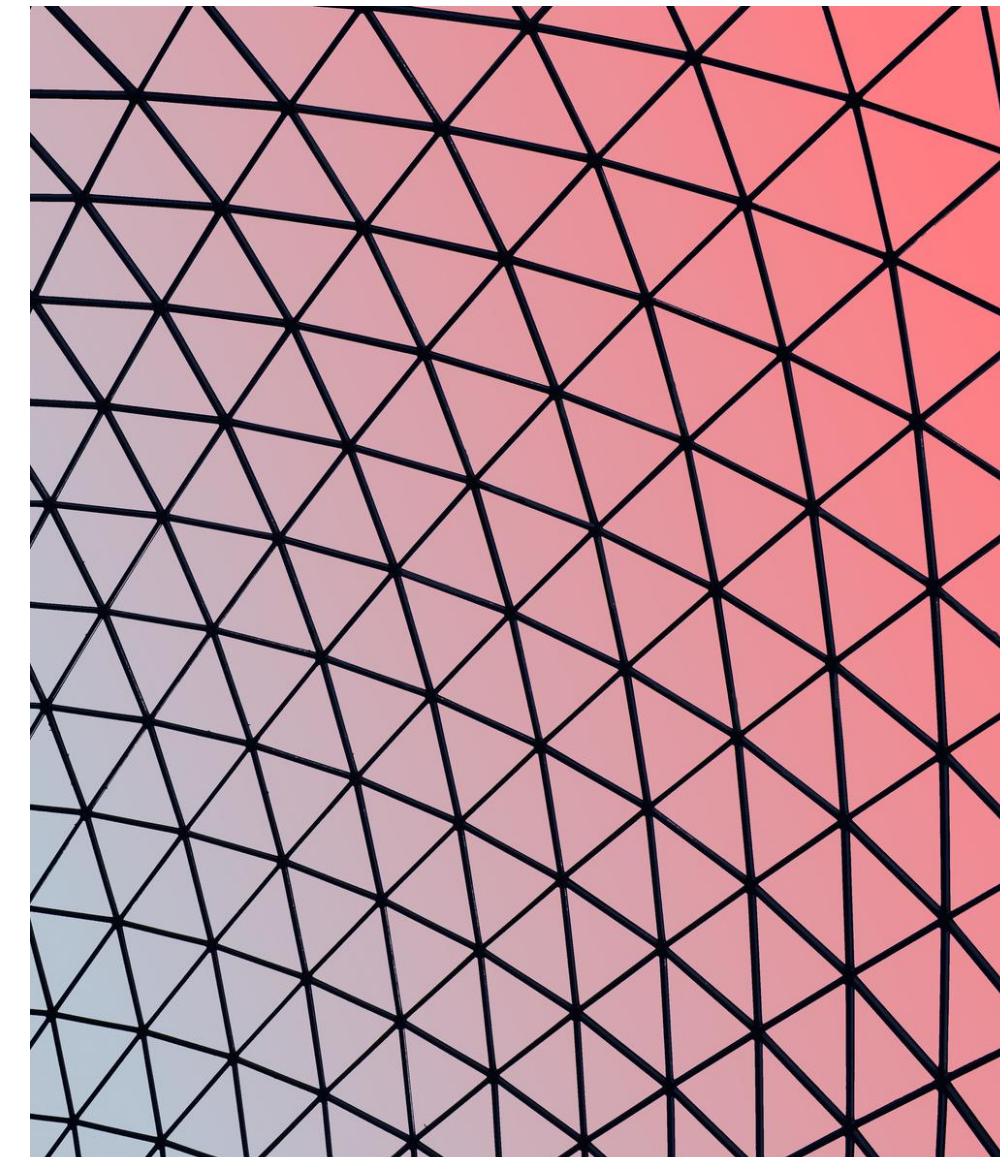


Point System

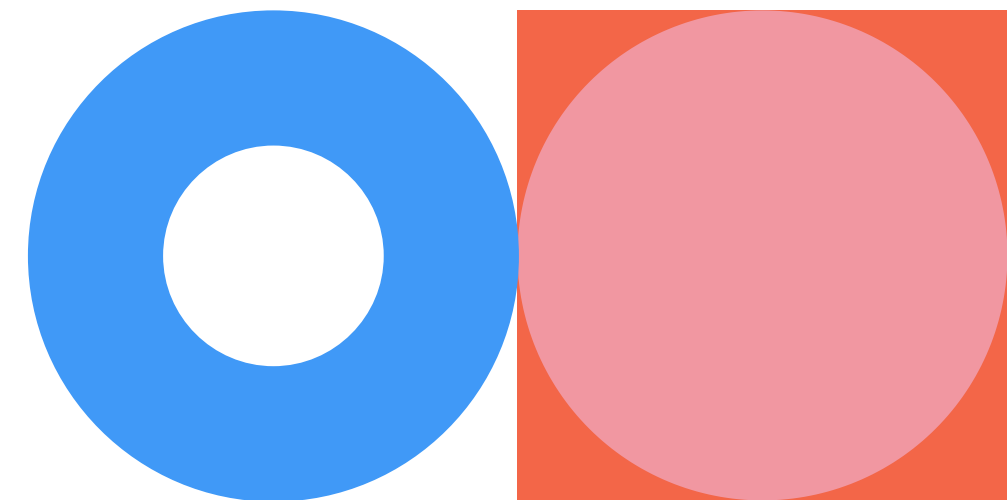
- Duration of Internship – 4 weeks (5 - 8 hours/week)
- Total Points to be earned – 32 Points
- Grace Period – 2 weeks(2+4 weeks)
- Minimum Internship Certification Requirement –32 Points
- Promotion Requirement – 32 Points
- All our internships are unpaid
- This Internship is deemed completed **ONLY** when you earn 32 points. Else it is deemed incomplete irrespective of amount of work done during the internship.
- We will provide a recommendation letter to the candidates based on their performance(Work behavior and attitude, Assignments Quality and Punctuality).

Post Internship Process

- Internship Experience Video Testimonial
- Reflection Journal
- WinZip all Submission
- We take two weeks to dispatch verified digital certificate
- You are free to continue working even after the completion of your internship. We are open to you applying for the senior position.



Career Progression



Do's And Don'ts

Do's

- Keep a Professional Behavior
- Respect Timeline and Commitment
- Take Feedback in a Constructive way
- Negotiate Before Deadline
- Asks Question And Clarify Your Doubt
- Respect people and their diversity irrespective of Age, Gender, Sexual Orientation, Colour, Religion

Don'ts

- Don't Assume Any thing
- Don't Come With " I Know It All Attitude"
- Don't Share Confidential Information Any Way
- Don't Discontinue Without Communication. Your college will be Intimated about unprofessional behavior and Blacklisted for any future Intern opportunities.

Important Links

SOCIAL MEDIA



www.zavfoundation.org



Zav Foundation- Alter Change Transform



@zavfoundation



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Zav Foundation



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ANNUAL REPORTS

<https://zavfoundation.org/annual-reports/>

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