



Zav Foundation
Alter | Change | Transform

YOUNG ADULTS' COMMUNITY SERVICE PROGRAM

(Zav Foundation's Internships & Student Program)

www.zavfoundation.org
hello@zavfoundation.org

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A background image showing a crowd of people, likely at a protest or public gathering. In the foreground, a young boy with glasses and a green shirt is looking down. Behind him, a man in a brown shirt is visible. To the right, a woman in a patterned top is walking. The background is filled with more people and trees. A large green rectangular overlay covers the center of the image, containing white text.

**“There is
nothing more
beautiful than
someone who
goes out of
their way to
make life
beautiful for
others.”**



PRESIDENT'S MESSAGE

Today, despite India's economic growth, there is a real need to provide new job opportunities and put an end to poverty. Extensive progress has been made so far, but there are still social problems to address – child hunger, disease, poor education, shortage of skilled youth, and families in need of support.

To improve the social conditions of our society, to participate in the nation-building process taking place in India and our strong belief that everyone deserves a decent standard of living, we strongly feel responsible and passionate that each citizen needs to contribute to build our country. The Zav Foundation embodies an optimistic vision of its role in the improvement of all aspects of life - social, educational, financial, cultural and health & wellness. Through the work of our dedicated and experienced volunteers, Zav Foundation provides diversified community service initiatives - aiming at a better life with improved education, health and leadership for those in need.

Presently, the youth around the world are passionate to bring in Change. They are ready with so many innovative ideas, projects and programs which could bring significant changes. Zav Foundation is a non-governmental organization (NGO) with a mission to make the youth actively involved in the process, so as to contribute towards their development and towards its vision for an orderly, disciplined and progressive society. Zav shall serve as a platform for young minds to express and collaboratively build strategies for sustainable development.

To cherish high ideals, to reach great heights in life, to attain the desired goal, even after facing mighty obstacles, is the ambition of every youth. This ambition is wonderful, marvelous, a sign of real youth, without which life is meaningless, useless, and monotonous. Youth must always dream big and look forward – and should never be satisfied with anything less than what they want to achieve in life. We look forward to having all interested individuals join our pathway to change and youth leadership to be the change we wish to see around us.

AMAN JAIN

President, Zav Foundation



TEAM MEMBERS

“Zav has been a personal transformation journey for me, starting as Mission Zav and in a span of 11 years seeing it transform in a much bigger organization impacting thousands of lives from across places and spheres of life is special, I am positive that more and more students, young adults will join our journey of change and live the true spirit of being a Zavian. YACSP has been a special program with a special objective and we have seen wonderful reflections turning into actions and contributing to the purpose of nation building at large”.



AMAN JAIN

Founder/ President

Head- Learning & Development, &
Retail HR
Kontoor Brand India- Lee & Wrangle

PhD* (Behavioral Sciences)

IIM Kashipur

* pursuing presently

“Zav started as Mission Zav, a dream to make a small change in the way young people think and act in our country. Today, after 11 years, we have been able to inspire the same dream in thousands of young people. Zav has been my way to empower women and young people. My experience with the program has been that I have received more than what I have shared”.



SARANYA FRANCIS

Secretary

Assistant Professor (English)
St. Pauls College, Bangalore

M.A (English Language And
Literature)
Annamalai University

“Zav has been a thought-provoking journey. The core ideas stand as the elixir of every Zavian. The change that we have been able to ignite in the last decade, gives us hope that we can do much more in the years ahead. Aman as the President, has been the central pillar to hold it all along. Every initiative of Zav can change and transform the existing order of society towards its betterment. It’s always been a proud feeling to be a part and contribute in our ways for the noble cause and stay strong to the very aspect of service. The best is yet to come”.



PRASHANTH SRINIVAS

Treasurer

Head-Talent Transformation &
Creative Outreach

Dr. Rajkumar Academy for Civil Services

B.E (Electronic & Communication)
Sri Bhagawan Mahaveer Jain College of
Engineering, Bangalore

Zav Foundation, Bengaluru based Non-Profit Organization, established/ founded by Aman Jain, President of Zav Foundation, in 2009 when he was in the last year of his Engineering. Aman Jain is also a Head- Learning & Development, & Retail HR at Kantoor Brand India- Lee & Wrangle and pursuing a Ph.D. in Behavioral Sciences from IIM Kashipur. From where all this started? The dearth of quality education in India to students with limited means made Aman start "Mission Zav" with the help of few volunteers. It is when volunteering at a government school in Harohalli (Kanakpura), he realized student's interests and potential, and decided to improve the standards of the educational system (curriculum design and delivery) with teachers for the school children. The Zav Foundation has been working for the last 11 years and showing tremendous results every year.

The word Zav derived from the Sanskrit word 'Jaava' which means 'Dusk to Dawn' or 'Dawn to Dusk'. Zav Foundation is the organization that focused on improving the present condition of the society, reducing discrimination, providing education to everyone and empowering the women and the underprivileged individuals. Zav Foundation always ensures that every individual receives a quality education that plays an essential role in transforming the lives of the individual as well as their families.

To achieve the goal, the Zav Foundation has various initiatives that categorize in CSDE (Centre for Skill Development and Entrepreneurship), and CELR (Centre for Education, Learning and Research).

CSDE (Centre for Skill Development and Entrepreneurship): Involves the development of vocational skill-sets for women and unemployed individuals. Skill development is the key to improve employability and income-earning opportunities for women and youth to enhance sustainable development and livelihoods. And to achieve it, CSDE has three initiatives:

- Kaushalya- Skill Development Initiative
- Swayam- Self Help Group Initiative
- Prayati- Health & Hygiene Initiative

CELR (Centre for Education, Leadership, and Research) : This is for sustainable development that allows every human being to acquire the knowledge, skills, attitudes and values necessary to shape a sustainable future. It also requires participatory teaching and learning methods that motivate and empower learners to change their behavior and take action for their development. Education for sustainable development consequently promotes competencies like critical thinking, imagining future scenarios and making decisions. And it has the following initiatives:

- Neev- Knowledge Sharing Initiative
- ReGuru- Teacher Development Initiative
- Vikaas- Research Initiative
- YOUreka- Youth Leadership Initiative

In conclusion, the Zav Foundation always wants to create a utopia where all individuals will be treated equally, will have the right to access the resources and opportunity to live and to become an active and contributing member of the society. And we are trying to connect individuals for a better tomorrow by bridging gaps.

**ZAV
FOUNDATION**





MISSION & VISION

OUR MISSION

LIVE-GROW-CHANGE-CREATE

Zav dreams of a New Society where people live in harmony, where there is total freedom for the complete growth of the individual, where each person accepts the other as they are with the right attitude. We visualize a place where people value peace, love, truth, justice and equality through self-change and thus social change. A place where coming together and working together we can create a new future. We are trying to reach every underserved individual who is deprived of the basic right. We help them realize their potential through education and building skills and are empowered to live a self-determined life. And we are trying to connect individuals for a better tomorrow by bridging the gaps.

OUR VISION

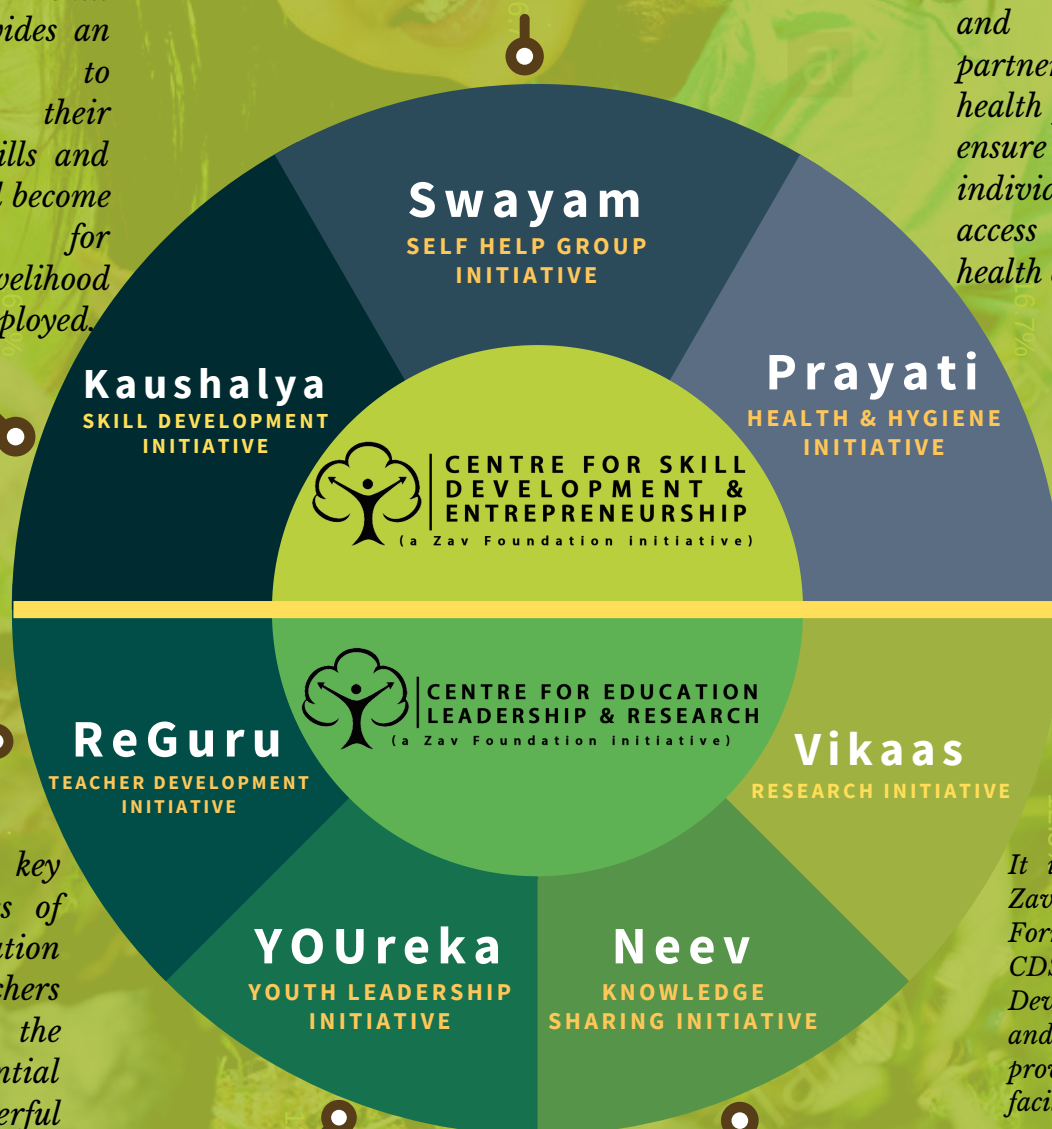
A YOUNG AND RESILIENT INDIA POISED FOR HIGHER MISSIONS AND UNDETERRED EXCELLENCE.

A young and resilient India poised for higher missions and undeterred excellence. Our Vision is to create an India full of young people who are liberated from weaknesses that are personal and interpersonal. Young people who are geared up to take on the future with skills that are honed in a way that there is personal change and thus social change. We want to create a utopia where all individuals will be treated equally, will have the right to access the resources and opportunity to live and to become an active and contributing member of the society.

Kaushalya is a project that has a specific emphasis on empowering youth and underprivileged women through skill development. Skill training provides an opportunity to enhance their vocational skills and creativity and become self-sufficient for their livelihood and/or get employed.

Swayam refers to Sanskrit word which means Self-Reliance. The beautiful jewellery, cloth bags, potlis and designs crafted by the women at the centre are marketed under the brand name Swayam by Zav, providing the necessary operating income for running the centre and the women who are a part of Swayam

Health is the most expensive gem. Our aim is to provide preventative guidance and promote early detection of illnesses and work in partnership with health professionals to ensure that all individuals have access to appropriate health care.



Teachers are key to the success of any education system. Teachers are one of the most influential and powerful forces for access and quality in education. We help them with best of teaching techniques and methodologies for teaching next-gen learners.

YOUreka develops young individuals to be the next generation leaders; preparing them for constructive and responsible involvement in community affairs. We help teens develop important skills such as communication, collaboration, problem solving, and public engagement.

We believe every child has the potential to learn, if taught well. We always strive to strengthen the root of education in every child, and the development of students who not only seek formal education but also grow a sense of innate righteousness.

It is a platform by Zav Foundation Formerly known as CDSR (Centre for Development studies and Research). It provides various facilities such as enabling research scholars, Master students and professors across the country to publish their work on Zav's website under a journal named Vikaas. Vikaas is designed keeping Vision 2020 and (United Nations Sustainability Development Goals in the context

Volunteering is described as an activity where someone gives their time to help a not-for-profit organization or an individual who they are not related to. Volunteering is an amazing way to give something back to the world, and in many instances, it can also be an exciting and unique way to see more of the world. You also have the option of spending time among other cultures, learning about how other people from other backgrounds lead their lives. According to science, by measuring hormones and brain activity, researchers have discovered that being helpful to others delivers immense pleasure. Human beings are hard-wired to give to others. The more we give, the happier we feel.

YACSP, a part of Internships and Student Programs, was launched on 9 February 2017 at GHS Hosakerehalli and Ittamadu. YACSP is providing volunteering opportunities to the school's students. Volunteering is by far the best way to get students on the right track for their future. It allows them to gain experience working in the field they want to go into, while also giving back to the community. By YACSP, students develop life skills and become well-rounded individuals. They develop life skills as they get immersed in activities that are outside of their comfort zones. Volunteering helps students become competent and better meet their learning objectives.

Zav Foundation offers various volunteering roles that help the development of the student. These roles range from poster making to the awareness campaign. Some of the ongoing activities are: Paper Bag making from the used paper and newspaper, which is then distributed to the local vendors to spread the awareness of less use of plastic. Note-Book Making is done from the unused or leftover papers and these notebooks are given to underprivileged children, ensuring that these children are not deprived of education. Fundraising is one of the activities where students raise funds and those funds are used to procure raw materials to start a Swayam Self Help Group (Handicrafts, Handmade Jewellery, Cloth Bags, etc).

So far, the YACSP is a program where students get to know more about the society at an earlier age and develop responsibilities towards the society. This program helps to chisel the personality of the student and it helps them to grow up into a responsible person.

YOUNG ADULTS' COMMUNITY SERVICE PROGRAM





BENEFITS

BUILDS COMMUNITY

You strengthen your community and your social network when you volunteer. You make connections with the people you are helping and you cultivate friendships with other volunteers.

LEARNING NEW SKILLS

Volunteering allows us to learn more practical skills than we would in a classroom setting. There are so many different charities to choose to volunteer with; each with its own goals and methods of achieving them. The skills that can be gained, go beyond the obvious ones that we might think of at the beginning.

CREATE CAREER OPPORTUNITIES

Volunteering can build valuable professional skills including: time management, people skills and teamwork. The more you feel comfortable with interacting with others within an organization and following a routine that's different from your own, the more employable you become. In addition to this, employers often look for practical experience as a part of their job specification.

UNDERSTAND YOURSELF BETTER

Volunteering is useful for developing your personality. This experience will help you to understand whether you are a people's person, whether you would like to dedicate your life to helping others and learning other important things about yourself. Also, you will find out what skills you already have and what you would like to develop.

BUILDS SELF-CONFIDENCE AND SELF-ESTEEM

Doing good for others and the community helps to create a natural sense of accomplishment. And working as a volunteer can also give you a sense of pride and identity, helping to boost your self-confidence further by taking you out of your natural comfort zone and environment.

OLD PAPER BOOKLET MAKING

Old Paper Booklet Making is the activity where students make books by using the unused paper from the old notebooks. This is then distributed free of cost to those who are not able to bear the expense to purchase, but they want to study and want to make their life bright and sustainable.

To make one or two sides paper booklets from old, left behind papers after the previous academic year. Each student has to make a maximum of 4 books @ 2 Points over 6 weeks and send it to the Centre (details will be given once the activity is completed). Each booklet should have 50 to 60 pages, A4 size.

The idea here is to help them understand sustainability and get them to familiarize themselves with UNSDG (United Nations Sustainable Development Goals).

PAPER BAG MAKING

Paper bag making is an activity that spreads awareness about no-plastic. The plastic bag is non-biodegradable and also pollutes the environment. To raise awareness and mold the children's mind to say no to plastic, that's why we push the students to make the bag from used paper and newspaper and these bags are distributed to local vendors.

Take up Paper Bag Manufacturing that can be freely distributed to the street vendors later by Zav Foundation. 12 bags will fetch 1 point and students have to earn 32 points over 6 weeks.

The idea here is to help them understand sustainability and get them to familiarize themselves with UNSDG (United Nations Sustainable Development Goals).

KANNADA LEARNING VIDEO

Kannada Learning Video is a new way to teach underprivileged kids in Govt School by creating videos, as the syllabus is in Kannada medium. The volunteer students help these underprivileged students by using their learning. Each student has to make at least 8 videos to earn 32 Points. For this activity the student should know to read and speak Kannada. The syllabus will be provided to the students and students can pick topics from the same.

Requisite for videos:

- The videos should be in MP4 Format with high resolution 720X or more
- Zav Foundation Logo to be at the beginning and end
- Anchor details required- Name, School, Class, Concept Title, Explanation and Zav Contact Details in the end

POSSIBLE ACTIVITIES





POSSIBLE ACTIVITIES

FUNDRAISING


Fundraisers raise funds, which is used to procure raw materials to start a Swayam Self Help Group (Handicrafts, Handmade Jewellery, Cloth Bags, etc). This fundraising requires students to reach out to family and friends. Even when they are not selling something, it teaches the students that you should always make an effort to stay in touch with people.

They need to raise funds to support the Swayam project, nearly INR 8000 per 32 points. The number of donations can be as many as possible, but information about the organization and its initiatives have to be shared by the student with potential donors. Students will first need to understand about Zav Foundation and his/her role while doing fundraising activities. We do not wish to encourage students to get money from parents, as giving us that amount technically would mean a certificate for money, which is not our intent. The idea is for a student to take initiative in support of a Non-Profit Org and creating awareness for development related work. Receipts for every donation, be it small or big will be sent to donor email-id, donations above INR 2000 will require a Donor's PAN.

SWAYAM PRODUCT FUNDRAISING

Various products have been manufactured by the women and underprivileged individuals, which is marketed by the name of Swayam. Swayam refers to a sanskrit word which means Self-Reliance. The beautiful jewellery, cloth bags, potlis and designs crafted by the women at the Center are marketed under the brand name Swayam by Zav, providing the necessary operating income for running the Center and the women who are a part of Swayam.

Interested participants will have to talk about Swayam and the kind of work that happens in Swayam, basis which they will have to encourage their potential supporters to purchase the items from our inventory. INR 1500 worth sales will correspond to 8 points, multiples of INR 1500 will be applicable. A maximum INR 100 difference from the nearest multiple will be considered but nothing more than that.


Zav Foundation

Support Us Enable India

Zav Foundation is a social organization in existence for the past 10 years with a strong legacy of grassroots level work benefitting thousands of students, women, teachers and communities at large. Zav has all its work through two initiatives - CSDE & CELR >>

Centre for Skill Development & Entrepreneurship is a women and youth based initiative with an intent to enable them with vocational skills, employment or entrepreneurship and support them to make their living. Following are the different projects under the umbrella of CSDE:




Kaushalya: Skill Development Initiative
Swayam: Self Help Group Initiative
Prayati: Health & Hygiene Initiative

Centre for Education, Leadership, & Research is a student, teacher, youth and research based initiative to support student and teacher development through various engagements across the country. Following are the different projects under the umbrella of CELR:

Neev: Knowledge Sharing Initiative
ReGuru: Teacher Development Initiative
YOUREKA: Youth Leadership Initiative
Vikaas: Research Initiative

We at Zav intend to support all its beneficiaries through various projects in ways that will help them sustain themselves and step up for a better future.
[Show More](#)

Share this on:

Payment Details

Full Name
as per PAN Card

PAN Number
Gol Mandate

Phone
10 digits only

Email
donation receipt will be mailed here





Correspondence Address
We will use this to send letters/ receipts.

Pincode

Influencer Name

Donation Amount

Donation For

Pay ₹ 0.00

GUIDANCE FOR ONLINE DONATION

1. Full Name- The name of the donor, as per PAN card, should be filled in this place
2. PAN Number. – The PAN number of the donor should be filled in the space provided
- Email id- This space should be filled by the Donor's Email id, so that the Donor can receive the receipt of donation
3. Phone Number- The donor's phone number must be filled in the given place.
- Correspondence Address- The given place of correspondence address should be filled by the donor so that the donor can receive the letter of appreciation and receipt of the donation.
4. Pin code- Pin code of the donor's whereabouts.
5. Influencer Name- The Donor has to fill this place. He/She needs to mention the name of the student who influenced them to make the donation.
6. Donation Amount- The amount which is donated by the Donor has to be filled in this space.
7. Donation For- The initiative for which the Donor wants to donate, the Donor can choose any of the given options.

Note For volunteer students:

1. Keep in mind that the donor must fill the influencer field.
2. Link is provided in the Important links section.

Payment Details

Swayam Bags Small
(Optional)

₹ 50.00

- 0 +

Swayam Bags Big
(Optional)

₹ 50.00

- 0 +

sizes may not be strictly the same

Swayam Potlis
(Optional)

₹ 50.00

- 0 +

Swayam Book Bands
(Optional)

₹ 30.00

- 0 +

Swayam Pouches
(Optional)

₹ 30.00

- 0 +

Cloth Masks
(Optional)

₹ 75.00

- 0 +

Swayam Travel
Cutlery Set
(Optional)

₹ 300.00

- 0 +

Shipping Charges

₹ 60.00

Color Preference
(Optional)

--Select--

no guarantee though

Full Name

Email

for the invoice and share updates

Phone

to share updates

Delivery Address

Door No, House/ Building Name, Street Name
& No, Area/ Location, City, State

Pincode

Influencer Name

Name of the person who influenced you to
join this change journey, we will send in a
thank you note to them :)

UPI

VISA

RuPay

creditcards

Pay ₹ 60.00

GUIDANCE OF ONLINE PAYMENT OF SWAYAM FUNDRAISING

1. Purchasing- You can select any items from the list, which you are likely to purchase.
2. Full Name- Name of the person who is purchasing the items.
3. Email ID- Valid E-mail ID of the person who is purchasing items.
4. Phone No.- Phone number of the person who purchased the items.
5. Delivery Address- Corresponding address of the person, so we can deliver the items.
Pin code- Pin Code of the person's whereabouts.
6. Influencer Name- The Donor has to fill this place. He/She needs to mention the name of the student who influenced them to make the donation.

Note For volunteer students:

1. Keep in mind that the donor must fill the influencer field.
2. Link is provided in the Important links section.

VOLUNTEER SCREENING PROCESS

Step 1- Fill the Application

- Fill all the details in the Google Form. All fields are mandatory.
Note: Your Name should be as per your 10th mark sheet/ Aadhar card.

Step 2- Scrutiny

- After completing the form, the Zav Foundation team will review your application.

Step 3- Offer Letter

- After your application is found satisfactory, the offer letter will be sent.

Step 4- Orientation

- Upon acceptance, you will be invited to a mandatory orientation. This covers the Zav Foundation's policies and procedures, expectations and guidelines for volunteers.

Note For volunteer students: Application Form link is provided in the Important links section.

FLOW OF THE ASSIGNMENT

- Choose your assignment.
- Read the details regarding the assignment that you have chosen from the prospectus.
- Start working on the assignment
- Submit your **Reflection Journal**: Reflections are essential and also an easy way to internalize your learning journey. Here, you have to write in detail about what you have done, what you have learned out of it, your experience, etc. **Timelines**: If you have started your program on Monday, Tuesday, Wednesday; You have to submit your Reflection Journal on Sunday of the same week. And if you have started on Thursday, Friday, Saturday; You have to submit your Reflection Journal on next week Sunday.
- After completion of 6 weeks, students have to submit their assignment to the Zav Foundation's Centre for Skill Development and Entrepreneurship.
- Your assignment will be evaluated by the respective team of the Zav Foundation.
- After evaluation and finding the assignment satisfactory, your points will be updated and the e-certificate will be dispatched to the respective student.

FREQUENTLY ASKED QUESTIONS

Q1- Do I have to pay any fees for volunteering?

Ans- No fees need to be paid for volunteering

Q2- How long does it take to complete this program?

Ans- It takes 6 weeks to complete this program

Q3- What are reflections? Why is this required for participating in YACSP?

Ans - Just activity is of no consequence, what you learn from the activity is critical and Zav intends to facilitate that learning journey, reflections are an easy way to internalize the same. Guiding questions and method of documenting/creating a video has been provided in the reflections section

Q4- What if I forget to submit the Reflection journal?

Ans- If you forget to submit a reflection journal for 2 consecutive weeks, the candidature for the existing batch will not be considered. This reflection shows your seriousness towards community service and your learning takeaways.

Q5- What if the donor forgets to put the name in the influencer(volunteer student) name?

Ans- This is not a problem at all... The influencer name helps us to map the donations initiated by the respective student. In case, the donor forgets to fill the influencer name; after the donation is made, the donor takes a screenshot of the successful payment page and the student can save it for reference.(Please refer to the fundraising guidelines). We will later cross-check the details and do the needful.

Q6- Do donors donate by cash?

Ans- We do not accept any cash donations.

Q7- Can I Volunteer from home?

Ans- Yes absolutely, this program is purely home-based volunteering and we do not encourage students to leave home unnecessarily in this pandemic situation.

Q8- How old do I have to be to a Volunteer?

Ans- Your age should be less than 16 years.

Q9- When will I get the e-certificate?

Ans- After the evaluation of your assignment. It usually takes 8 to 10 days post completion of all your assignment submissions.

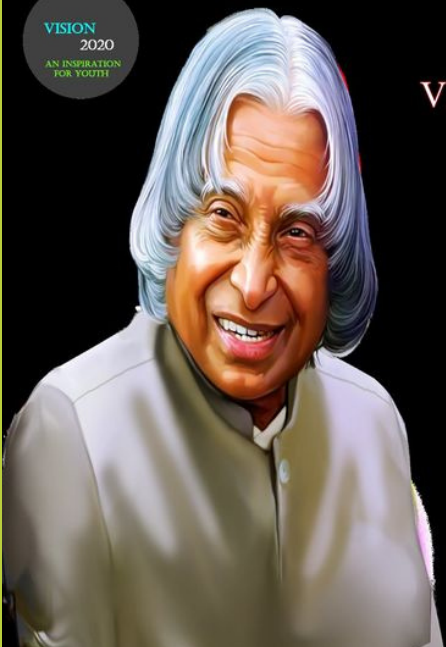
TERMS AND CONDITION

- Any misuse/misinformation of details provided in the offer letter will directly void the candidature.
- Usage of Zav Foundation's name identity and collaterals for any commercial or other purposes is not permitted.
- Zav Foundation reserves the right to void the candidature, if it becomes apparent that untruthful or inaccurate information was submitted in the application form or if relevant information was withheld in any form.
- Zav Foundation manages the application process. The final decision on whether to accept an application or not, rests with the Zav Foundation team.
- No postal/courier charge/ stay or travel allowance will be reimbursed by the Zav foundation.
- The Volunteer needs to abide by rules and regulations of Zav Foundation.
- Pictures sent to Zav Foundation or pictures taken during your participation in the activity can be used by Zav Foundation for the promotional activities.
- Zav Foundation, brand images, logos are property of the Zav Foundation and protected by copyright. Any use thereof, will only be by volunteering students, interns, and Zav members through written consent from Zav Foundation.
- This program does not provide any remuneration. It is a student self-interest, self-driven and self sustained program.
- Zav Foundation will not favor or provide an e-certificate to any supporting member of the candidature, irrespective of how much help has been provided by them.

DIRECTION

At Zav Foundation, our initiatives and projects are inspired and aligned with the United Nations Sustainability Development Goals (UNSDG) and Vision 2020 by A.P.J Abdul Kalam.





VISION 2020 : AN INSPIRATION FOR YOUTH

THOUGHTS OF APJ ABDUL KALAM







- 1 Confidence And Hard -Work Is The Best Medicine To Kill The Disease Called Failure.
- 2 To Succeed In Your Mission , You Must Have Single Minded Devotion To Your Goal.
- 3 We Should Not Give Up And We Should Not Allow The Problem To Defeat Us.
- 4 Go After Dreams, Not After People.

★ ★ ★ ★ ★

IMPORTANT LINKS

1) Application Form	<u>Click Here</u>
2) Reflection Journal	<u>Click Here</u>
3) How to make Paper Bag	<u>Click Here</u>
4) How to make Paper Booklet	<u>Click Here</u>
5) Zav Fundraising	<u>Click Here</u>
6) Swayam Fundraising	<u>Click Here</u>

SOCIAL MEDIA

 Zav Foundation (Website)	<u>Click Here</u>
 Twitter (@zavfoundation)	<u>Click Here</u>
 Facebook (Zav Foundation- Alter Change Transform)	<u>Click Here</u>
 Instagram (zavfoundation)	<u>Click Here</u>
 LinkedIn (Zav Foundation)	<u>Click Here</u>
 YouTube (Zav Foundation)	<u>Click Here</u>

IMPORTANT DATES

Application Form Start	Day 1
Application Form End	Day 7
Orientation Program	Day 8
Commencement of Assignment	Day 8
Submission of Assignment	Day 45 to Day 51
Graduation Day	Day 53
Dispatch of e-certificate	Day 53 to Day 54

REFLECTION JOURNAL

Reflection journal 1	Saturday of 1st week
Reflection journal 2	Saturday of 2nd week
Reflection journal 3	Saturday of 3rd week
Reflection journal 4	Saturday of 4th week
Reflection journal 5	Saturday of 5th week
Reflection journal 6	Saturday of 6th week

CONTACT DETAIL

Zav Foundation Registered Trust Office

CIIOT. #1, Gopalan Residency, Bhuvaneshwarinagar,
Kempapura Agrahara, Bangalore – 560023

Centre for Skill Development & Entrepreneurship

#1214/A/3, Pipeline Road, Vijayanagar,
Bengaluru, 560040

Centre for Education, Leadership & Research

No 7 , Manjunatha Layout,
Opp Pragathi Nagar, E City Post, Bengaluru 560100

For any further details, please contact Zav Foundation on:-

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