



Zav Foundation[®]
Alter | Change | Transform

ANNUAL REPORT 2019 - 2020

ALTER|CHANGE|TRANSFORM

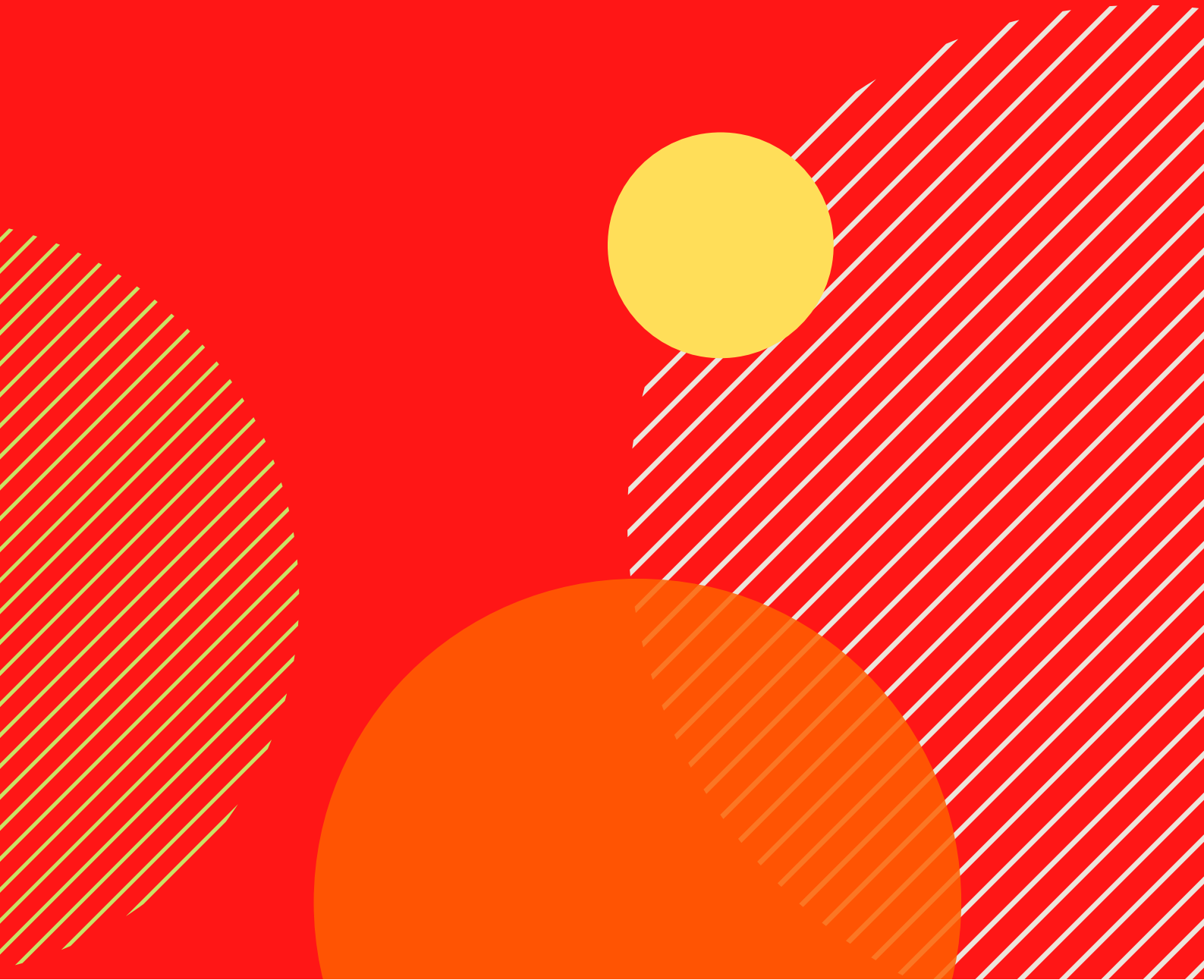


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MESSAGE FROM THE PRESIDENT

Zav was started in 2009 to address issues such as poor educational quality, a lack of female representation, insufficient health-care facilities, and, last but not least, high unemployment caused by a lack of skills. We at Zav envision a new society in which people live in peace, individuals have entire freedom to develop their full potential, and where each person accepts the other for who they are with the appropriate attitude. It is through self-transformation and social change, we aspire a place where people cherish peace, love, truth, justice, and equality. The initiatives that we carried out this year are a testimony to our core beliefs and we continue our pursuit of looking out for meaningful methods to show compassion for the members of our society and share our experiences.



"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

- Leo Buscaglia

BOARD MEETINGS

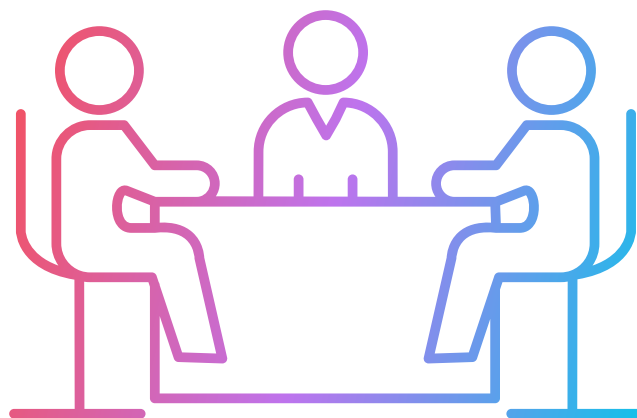
Annual Board Meeting

Board Members - Aman Jain, Saranya Francis, Rakshit R, Nagaveni Gourish, Prashanth Srinivas, Pratul Hegde, Arjun CC and Stavya Bhatia, discussed and planned the activities under each of the initiatives for 2019 - 2020 and unanimously resolved and accepted the next steps in various initiatives and functions of the organisation.



Quarterly Board Meetings

Quarterly Board Meeting were held in April, July and October of 2019 where board members met, discussed and planned the assignments under each of the initiatives and unanimously took the next steps for the functions of the organisation. In attendace were Aman Jain, Saranya Francis, Rakshit R, Nagaveni Gourish, Prashanth Srinivas, Pratul Hegde, Arjun CC and Stavya Bhatia



ESTABLISHMENT OF NEW SDCH PLACE

Skill Development Centre, Hosahalli moved to a new space (JP Nagar) which is much bigger and at a better strategic location which is easily accessible by all modes of transport.

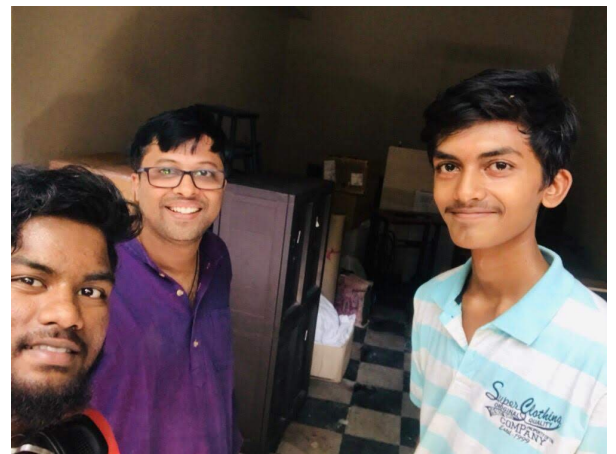
We are positive about adding a few more courses at this new center and thereby add value to more lives as we move forward.

We would like to acknowledge the efforts of Ranjith (Humanities Student from Kalburgi) and Libinth (Engineering Student from Coimbatore) our interns who helped us with the transit.

Exams at SDCH

In June 2019, Kanyaka C K & Meghana took up their Usha Diploma Exams. This covers the theory and practical exams assessing students and accordingly certifying them.

In August 2019, Ghousiya Parveen, Shabana Parveen & Mariya Nasreen took up their Usha Diploma Exams. Which again, covers the theory and practical exams assessing students and accordingly certifying them.



INITIATIVES - SWAYAM

Swayam Bandihole Inaugration- January 2020

In a small village of Mandya called Bandihole, we have started our Self Help Group - Swayam Bandihole. Four women have started this SHG and are working on Cloth Bags and Potlis as a part of our sustainability drive.

Social Media Campaign - February 2020

Swayam has been manufacturing a large number of cloth based products such as Cloth Bags, Potlis, Pouches, Book Bands, Pen Holders and a brand new Travel Cutlery Set.

To expand the reach of our products, a social media campaign was launched to put them on sale and generate funds to improve the Self Help Groups in both the locations.



INITIATIVES - REGURU

ReGuru was initiated to train the mentors to effectively pass on knowledge in a diverse set of situations, let it be the classic chalk and board method or advanced projectors and smartboards. The mentors are trained with innovative and unconventional methods so that their students can practically understand the topic.

In continuation to our efforts on capacity building of teachers at CHORD, Hyderabad Aman Jain delivered a workshop on 'Resilience in Changing Times' for close to 35 teachers. Another similar workshop was conducted at St Pauls College in the month of February.

The session involved storytelling, presentations, movie making and discussions, experiential activities and more. It was amazing to see how the teachers have developed in reflecting on their experiences



HEAD HELD HIGH MENTORING PROGRAM

From April to September 2019 , Head Held High, through its coaching program for social entrepreneurs working at grassroots level, helmed by Mr.Pankaj (Coach) - a highly experienced sociopreneur, worked with our President Aman Jain for six months to improve the overall development strategy and people processes to improve the efficiency of the organization. This benefitted the organization in many ways and would go a long way in its development efforts for women and young adults.



OUTREACH CAMPAIGN

In May 2019 Our Summer Interns from different parts of the country namely Libinth (Karunya University, Coimbatore), Ranjith (Central University, Gulbarga), Shilpashree (Amrita University, Bengaluru), Jithin (Amrita University, Bengaluru), Adarsh (Christ University, Bengaluru) & Naga (Christ University, Bengaluru) did a series of outreach campaigns in and around Vijayanagar & Hosahalli with an aim to create awareness of various community development projects and activities were undertaken at our Skill Development Centre under the ambit of Zav Foundation.

While our student volunteers got a HandsOn understanding of Outreach activity, it was equally an opportunity for us at Zav to know what people in common feel about such work. Student volunteers enjoyed the experience and had a lot to share in their reflection journeys.



TATAPRO ENGAGE PROJECT

Pavan Vanakuri (Bengaluru - Tata Consultancy Services) and Ravi Gupta (Ludhiana - Tata Steels) from Tata Group volunteered to work in our Kaushalya initiative and contribute to the grassroots level outreach work with and for our beneficiaries. This was a 6 month project extended by another 3 months and impacted through a strategy document.

TataPro Engage Volunteers Visit to Skill Development Centre- November 2019

Pavan Vanakuri (Bengaluru) and Ravi Gupta (Ludhiana) visited our Centre to conduct a Beneficiary Analysis & Needs Assessment. Both the volunteers spent about 4 hours interviewing all our students to understand and create a communication strategy for Kaushalya Initiative. As a part of the study they also visited nearby communities to get a hang of Socio Economic & Cultural understanding of these communities.

A detailed project proposal was submitted for the organisation to implement the communication strategy which later was taken up by the board to implement a few relevant and viable proposed steps to increase the overall impact of the skill development centre.



CAREER WORKSHOP

Careerz Workshop at Maruti English High School, Madikeri - December 2019

On request from 2 schools in Murnaadu, Madikeri. Volunteers from Zav (Sushanth Sharma & Aman Jain) visited the campuses to deliver a detailed 3 - 4 hour workshop on Career Guidance, Goal Setting, Time Management & Pre Examination Preparation. Maruti English Medium School & Government Higher Secondary School in Murnaadu were the beneficiaries. The sessions involved Icebreakers, Experiential Activities, Discussions and Stories to embrace the purpose of a purpose in life.



EVENTS

Inauguration of Beautician Course at Kaushalya Abhivruddhi Kendra - October 2019

Ms. Saranya Francis, Dr. Divya & Ms. Nagaveni Gourish inaugurated Beautician Course at Kaushalya Abhivruddhi Kendra. Mrs. Prabha, our Faculty Member for the same gave an introductory talk to the audience creating awareness about the program.



Commencement of Beautician Course at Kaushalya Abhivruddhi Kendra - November 2019

Our teacher Prabha G, started the first batch of Beautician Course with our first student, Pratibha. This is going to be a start of a new avenue which will enable us to offer our students necessary skills to pick up new vocations for life.



Mehendi Classes at Canara Bank, Women Empowerment Section - November 2019

KAKH (Kaushalya Abhivrudhi Kendra Hosahalli) Students Suchitha & Ramya attended Mehendi & Tassel Making Workshop held at Canara Bank, Women Empowerment Section for 2 days. It was a Hands On learning session which gave our students a wide scope of learning and experience altogether.



EVENTS

Baking Classes at Canara Bank, Women Empowerment Section - 2, 3 & 4 December 2019

Our KAKH (Kaushalya Abhivrudhi Kendra Hosahalli) Teacher, Mrs. Asma Azeez & student Divya have attended an extensive Baking Course. held at Canara Bank, Women Empowerment Section for 3 days. It was a Hands On learning session which gave our students a wide scope of learning and experience altogether. They are now ready to bake some yummy cakes and cookies for Christmas.



Hands On Training Programme for Women on Value Added Products at University of Agricultural Sciences, GKVK Campus, Bengaluru - December 2019

Our student Suchitha attended an extensive 5 day Hands On Training Programme for Women on Value Added Products such as Handmade Soaps, Healing Candles, Chocolate Making from various Herbal Extracts, Medicinal and Aromatic Plants at University of Agricultural Sciences, GKVK Campus.



GRADUATION DAY

Kaushalya Graduation Day at Kaushalya Abhivruddhi Kendra - October 2019

The third graduation day of KAK was organised and diploma certificates were given away to the following students for respective courses. Mr. Francis Prithvi Joseph & Ms. Saranya Francis were the guests of honour for the event.

YACSP Graduation - March 2020

It was again that time of the year when young students who participated in various Community Service activities were appreciated and facilitated for the same. Students during the year had participated in many activities like Paper Bag Making, Water Conservation Awareness, No Plastic Campaign and Growing Plants. The activities were aimed at creating awareness and internalising a few habits amongst these future citizens of our country, indeed contributing to the Nation Building purpose.

Students were given away their evaluation letters and certificate of appreciation for all their hard work and interest towards this initiative in the last ten months. We would like to acknowledge the efforts of Rakshit Acharya and Nagaveni S for taking up this initiative for the third consecutive year as a part of Neev.



CONTACT US

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